Osher Institute at SDSU offers intellectually stimulating, university-quality courses for students age 50 and better. There are no tests or grades, just the thrill of learning with like-minded peers.

Parking is included.
Welcome to FALL 2018

A 2018 Election Debrief with KPBS, a live performance of Leonard Bernstein’s Mass, a foray into The Wisdom of Daoism (with Peter Bolland as our guide), and Jonestown survivor Laura Johnston Kohl’s return trip to Guyana in 2017, are just some of the exciting topics this fall at the Osher Lifelong Learning Institute at SDSU. Since 2004, students age 50 and better have been coming to Osher at SDSU to learn, grow, and explore, all while having an exceptionally good time. We invite you to peruse the catalog and see which offerings speak to you. Learn more about the benefits of Osher on page 1, and see the Schedule at a Glance on page 2. We invite you to discover new horizons with us and look forward to seeing you in class. neverstoplearning.net/osopher

Important Fall Dates
Registration Opens | Tuesday, August 14
FALL 2018 Session | Sept. 10–Dec. 14

You’re Invited to the Osher Welcome Orientation and Tour
Friday, Sept. 7 | 9:30 am–12:30 pm

New to the Osher Institute at SDSU? A returning member in need of a refresher? Or just want to see if Osher at SDSU is for you? We invite you to a short presentation followed by a walking tour of our facilities and several points of interest on campus. (Wear comfortable shoes!)

- Meet our dynamic instructors, staff, and fellow learners
- Enjoy refreshments and an opportunity drawing
- Learn more about fall courses
- Register for classes

This event is free. Space is limited. Please RSVP by Wednesday, Sept. 5, at neverstoplearning.net/osopher, (619) 594-2863, or osher@sdsu.edu.

You’ll receive an email with event details and instructions for convenient parking. The trolley and bus stops are also nearby. We look forward to meeting you!
About the Osher Institute at San Diego State University

The Osher Lifelong Learning Institute at SDSU is one of 121 unique Osher Lifelong Learning Institutes supported by The Bernard Osher Foundation. Established in 2004, the Osher Institute at SDSU is operated by staff from SDSU’s College of Extended Studies with support from the Osher advisory board, leadership committees, members, and instructors who serve within our diverse learning community. The Osher Institute at SDSU is funded through the generous endowment support of The Bernard Osher Foundation and the Osher Institute at SDSU members’ fees and contributions. To learn how your gift can help enhance the tradition of excellence, visit neverstoplearning.net/supportOSHER.

Mission: The Osher Lifelong Learning Institute at San Diego State University (SDSU) offers a vibrant and diverse learning community for adults age 50 and better, with intellectually stimulating, university-quality courses, and engaging leadership and volunteer opportunities.

Vision: The Osher Institute at SDSU will offer learning opportunities that include a fascinating array of academic topics featuring outstanding instructors, award-winning authors, and artists who inspire and engage lifelong learners.

Discover the Rewards of Osher Membership

Membership is $25 for renewing members and $30 for new members, per person, per term. Membership is required to register for Osher offerings unless otherwise noted.

- Access to a wide array of offerings
- Free convenient parking included with course fees
- A community of engaging peers
- Discounted rates at the Aztec Recreation Center, local theaters, museums, cultural facilities, and more (with SDSUcard)
- SDSU Love Library privileges
- Free admission to all regular season Aztec athletic events (with SDSUcard)
- Amazon Prime student rate ($59 versus $119 per year)
- Connection to the academic and cultural resources at San Diego State University
- Engaging leadership and volunteer opportunities

Offerings at Osher Institute at SDSU

All offerings are held in the Gateway/Extended Studies Center unless otherwise noted.

- **Course** | 2–6 weeks, 2-hour meeting, once per week  
  Fee: $35–$89
- **Book Club** | 1-day, 1.5-hour meeting  
  Fee: $7
- **Lecture** | 1-day, 2-hour meeting  
  Fee: Free–$15
- **Workshop** | 8 weeks, 2.5-hour meeting + one 7-hour meeting  
  Fee: $199
- **Special Event** | 1-day, 2-hour meeting  
  Fee: Free–$19
## MONDAY

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<thead>
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<th>Osher Institute Offering</th>
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<tbody>
<tr>
<td><strong>Lecture:</strong> The Rise and Fall of Political Islam after the Arab Spring</td>
<td>Farouk Al-Nasser</td>
<td>9/10</td>
<td>9–10:50 am</td>
<td>12</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> The Wisdom of Daoism</td>
<td>Peter Bolland</td>
<td>9/10–10/15</td>
<td>3–4:50 pm</td>
<td>5</td>
</tr>
<tr>
<td><strong>Special Event:</strong> Tour of SDSU's New Engineering and Interdisciplinary Science Building</td>
<td>Laura Shinn</td>
<td>9/17</td>
<td>12:30–2:30 pm</td>
<td>17</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Sounding Together: A History of the Symphony</td>
<td>Maya Ginsberg</td>
<td>10/1–11/5</td>
<td>9–10:50 am</td>
<td>7</td>
</tr>
<tr>
<td><strong>Lecture:</strong> A Primer for Retirement and Investment Basics Part 1</td>
<td>Robert Shultz</td>
<td>10/15</td>
<td>1–2:50 pm</td>
<td>13</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> History and Culture from the 1960s to Today, through the Lens of Star Trek</td>
<td>John Putman</td>
<td>10/22–12/3</td>
<td>9–10:50 am</td>
<td>9</td>
</tr>
<tr>
<td><strong>Lecture:</strong> A Primer for Retirement and Investment Basics Part 2</td>
<td>Robert Shultz</td>
<td>10/22</td>
<td>1–2:50 pm</td>
<td>13</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> The Wisdom of Daoism</td>
<td>Peter Bolland</td>
<td>10/22–12/3</td>
<td>3–4:50 pm</td>
<td>5</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Dealing with Depression</td>
<td>Dennis Braun</td>
<td>10/29</td>
<td>11 am–12:50 pm</td>
<td>15</td>
</tr>
<tr>
<td><strong>Special Event:</strong> OLLI Café</td>
<td>Staff and Volunteers</td>
<td>10/29</td>
<td>1–2:50 pm</td>
<td>18</td>
</tr>
<tr>
<td><strong>Five-Week Course:</strong> Pre-Columbian Civilizations That Shaped Latin America</td>
<td>Alejandro Castañeda</td>
<td>11/13 (Tues.)</td>
<td>11 am–12:50 pm</td>
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## TUESDAY

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<tbody>
<tr>
<td><strong>Six-Week Course:</strong> From Cave Paintings to Roman Temples: The Art and Architecture of the Ancient World</td>
<td>Douglas Barker</td>
<td>9/11–10/16</td>
<td>1–2:50 pm</td>
<td>5</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Emily Brontë on Her 200th Birthday</td>
<td>Karen Kenyon</td>
<td>10/2</td>
<td>10–11:50 am</td>
<td>12</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Whats’ up Doc(ket)?</td>
<td>Glenn Smith</td>
<td>10/9–11/13</td>
<td>10–11:50 am</td>
<td>7</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Getting to Know the Real Charles Dickens</td>
<td>Karen Kenyon</td>
<td>10/16</td>
<td>10–11:50 am</td>
<td>14</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> The Arts of Asia: India</td>
<td>Douglas Barker</td>
<td>10/23–11/27</td>
<td>1–2:50 pm</td>
<td>9</td>
</tr>
<tr>
<td><strong>Lecture:</strong> The NASA Twin Astronauts: A Year in Space</td>
<td>Michael Ziegler</td>
<td>10/30</td>
<td>10–11:50 am</td>
<td>15</td>
</tr>
<tr>
<td><strong>Special Event:</strong> Poets of the Piano</td>
<td>Nathan Carterette</td>
<td>11/6</td>
<td>2–4 pm</td>
<td>19</td>
</tr>
<tr>
<td><strong>Special Event:</strong> 2018 Election Debrief with KPBS</td>
<td>Tom Karlo</td>
<td>11/27</td>
<td>10 am–12 pm</td>
<td>19</td>
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## WEDNESDAY

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<tr>
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<tbody>
<tr>
<td><strong>Eight-Week Workshop:</strong> Mindfulness-Based Stress Reduction</td>
<td>Marilee Bresciani Ludvik</td>
<td>9/12–10/31</td>
<td>9–11:30 am</td>
<td>16</td>
</tr>
<tr>
<td><strong>Special Event:</strong> SDSU Love Library Discovery Session and Tour</td>
<td>Gloria Rhodes</td>
<td>9/12</td>
<td>10–11:30 am</td>
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### WEDNESDAY (cont.)

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<tbody>
<tr>
<td><strong>Three-Week Course:</strong> Shakespeare and History’s Henry IV</td>
<td>David Flietner</td>
<td>9/12–26</td>
<td>2–4:50 pm</td>
<td>5</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Yellowstone: From Native Hunting Grounds to Army Post to National Park: The History of This American Icon</td>
<td>Constantine Dillon</td>
<td>10/3</td>
<td>11 am–12:50 pm</td>
<td>12</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> The American Century: U.S. History from Industrialization to the War on Terror</td>
<td>John Putman</td>
<td>10/10–11/14</td>
<td>9–10:50 am</td>
<td>8</td>
</tr>
<tr>
<td><strong>Two-Week Course:</strong> Latin American Culture and Language</td>
<td>Emily Jullié</td>
<td>10/10 &amp; 10/17</td>
<td>1–2:50 pm</td>
<td>8</td>
</tr>
<tr>
<td><strong>Three-Week Course:</strong> Charles Darwin and the Theory of Evolution</td>
<td>Bruno Leone</td>
<td>10/24–11/7</td>
<td>1–2:50 pm</td>
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### THURSDAY

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<tbody>
<tr>
<td><strong>Two-Week Course:</strong> How to Have Constructive Conversations about Race</td>
<td>Arlene Pincus</td>
<td>10/4 &amp; 10/11</td>
<td>1–2:50 pm</td>
<td>7</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Ellen Browning Scripps (1836–1932): Newspaperwoman, Philanthropist, and Social Reformer</td>
<td>Molly McClain</td>
<td>10/25</td>
<td>11 am–12:50 pm</td>
<td>14</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Marine Mammals of California</td>
<td>Annalisa Berta</td>
<td>10/25–12/6</td>
<td>1–2:50 pm</td>
<td>10</td>
</tr>
<tr>
<td><strong>Lecture:</strong> La Movida Madrileña: The Madrid Scene</td>
<td>Sara Heras</td>
<td>11/1</td>
<td>11 am–12:50 pm</td>
<td>15</td>
</tr>
<tr>
<td><strong>Book Club:</strong> Lincoln in the Bardo by George Saunders</td>
<td>Kathi Diamant</td>
<td>11/29</td>
<td>11 am–12:30 pm</td>
<td>11</td>
</tr>
<tr>
<td><strong>Lecture:</strong> How Did the Scene at Jesus’ Birth Become So Crowded?</td>
<td>John Spencer</td>
<td>12/13</td>
<td>1–2:50 pm</td>
<td>16</td>
</tr>
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### FRIDAY

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</thead>
<tbody>
<tr>
<td><strong>Special Event:</strong> Welcome Orientation and Tour</td>
<td>Staff and Volunteers</td>
<td>9/7</td>
<td>9:30 am–12:30 pm</td>
<td>17</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Reason and Revolution: 18th and Early 19th Century Art in Europe</td>
<td>Damon Hitchcock</td>
<td>9/14–10/19</td>
<td>9–10:50 am</td>
<td>6</td>
</tr>
<tr>
<td><strong>Four-Week Course:</strong> The Politics of Food: 50 Years of U.S. Food Policy on Your Plate</td>
<td>James Murren</td>
<td>9/28–10/19</td>
<td>9–10:50 am</td>
<td>6</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Ocean Planet</td>
<td>Isabelle SacramentoGrilo</td>
<td>9/28–11/2</td>
<td>1–2:50 pm</td>
<td>6</td>
</tr>
<tr>
<td><strong>Lecture:</strong> Jonestown Revisited</td>
<td>Laura Johnston Kohl</td>
<td>10/19</td>
<td>11 am–12:50 pm</td>
<td>14</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> The Great Religions of the World</td>
<td>Matthew Wion</td>
<td>10/19–11/30</td>
<td>1–2:50 pm</td>
<td>8</td>
</tr>
<tr>
<td><strong>Six-Week Course:</strong> Late 19th Century Art: The Birth of Modernism</td>
<td>Damon Hitchcock</td>
<td>10/26–12/7</td>
<td>9–10:50 am</td>
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### SATURDAY

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<tr>
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<tbody>
<tr>
<td><strong>Special Event:</strong> From Grecian Columns to Spanish Towers: A Tour of SDSU’s Historic Campus Core</td>
<td>Alexander D. Bevil</td>
<td>9/29</td>
<td>9 am–12 pm</td>
<td>18</td>
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<tr>
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<tbody>
<tr>
<td>Lecture: Long-Term Care Planning: Techniques to Get the Care Needed and Help Paying for It</td>
<td>Philip Lindsley</td>
<td>10/13</td>
<td>10–11:50 am</td>
<td>13</td>
</tr>
<tr>
<td>Workshop: Mindfulness-Based Stress Reduction — All-Day Retreat</td>
<td>Marilee Bresciani Ludvik</td>
<td>10/20</td>
<td>9 am–4 pm</td>
<td>16</td>
</tr>
<tr>
<td>Special Event: Conversations Worth Having: Weird and Wacky Science</td>
<td>Kathi Diamant</td>
<td>10/27</td>
<td>9 am–12 pm</td>
<td>18</td>
</tr>
<tr>
<td>Lecture: In the Age of #MeToo, Know the Difference Between Sexual Harassment and Sex Crime</td>
<td>Wendy Patrick</td>
<td>11/3</td>
<td>9–10:50 am</td>
<td>16</td>
</tr>
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### SUNDAY

| Special Event: Exploring the Night Sky: Naked Eye and Deep Space Observing | William Welsh and Gur Windmiller | 11/4   | 5:30–7:30 pm | 19   |
| Special Event: SDSU Arts Alive Theater Event: Leonard Bernstein’s Mass | Osher Staff and Volunteers | 12/9   | 2–4 pm | 20   |

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**The Perfect Gift for Intellectually Curious Friends:**

**Osher Gift Certificates**

A n Osher Gift Certificate in any amount is perfect for friends who would enjoy the thrill of learning with like-minded peers. Certificates may be applied toward membership, courses, lectures, book clubs, workshops, special events, and day-trip Edventures through the Osher Lifelong Learning Institute at SDSU.

**How to purchase:**
- College of Extended Studies Registration window (Hardy Avenue side of the Gateway Center building, 5250 Campanile Dr.) Monday–Friday, 8 am–5 pm
- Over the phone at (619) 594-5152

**For more information, please call (619) 594-2863 or email osher@sdsu.edu.**
The Wisdom of Daoism

The Chinese worldview is often likened to a three-legged stool — one leg Confucianism, the second Buddhism, and the third Daoism. First expressed by the reclusive 4th century B.C.E. philosopher Laozi in his immortal work the Daodejing, Daoism offers bracing poetic aphorisms on the perennial question: How can we cultivate harmony in the community, in the cosmos, and within? We’ll study the Daodejing and the writings of the other essential Daoist philosopher Zhuangzi, with a special emphasis on the application of Daoist wisdom in our everyday lives. Experience a richly rewarding intellectual investigation and a heart-centered community-building experience as we gather around challenging and rewarding insights.

Note: Both sections cover the same content.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Peter Bolland, M.A.
Dates: Mondays, Sept. 10–Oct. 15, 3–4:50 pm
Schedule No: 18FA 99803 OF
Fee: $69
Registration Deadline: Sept. 10

SECTION 2
Dates: Mondays, Oct. 22–Dec. 3, 3–4:50 pm
(No class on Nov. 12 - Veterans Day)
Schedule No: 18FA 99825 OF
Fee: $69
Registration Deadline: Oct. 22

From Cave Paintings to Roman Temples: The Art and Architecture of the Ancient World

Are you fascinated by the painted caves of France and Spain? Stonehenge? The Pyramids? The Parthenon? Would you like to understand their purpose and the spirituality behind them? Art historian Douglas Barker will lead you on a journey of exploration through Prehistoric, Ancient Egyptian, Ancient Near Eastern, Aegean, Greek, Etruscan and Roman art. This thorough historical education in ancient art and architecture is the perfect preparation for a trip to Europe or the inspiration to plan a trip.

Format: 90% Lecture, 10% Interactive discussion

Instructor: Douglas Barker, M.A.
Dates: Tuesdays, Sept. 11–Oct. 16, 1–2:50 pm
Schedule No: 18FA 99804 OF
Fee: $69
Registration Deadline: Sept. 11

Shakespeare and History’s Henry IV

In Henry IV, Shakespeare transforms the genre of the history play by integrating original characters into the historical narrative, particularly in the creation of Sir John Falstaff. Written late in Queen Elizabeth I’s reign, when questions of succession undercut the surface stability of the society, Henry IV addresses the uncertainty and strife resulting from his usurpation of the crown (depicted in Richard II). With the BBC’s Hollow Crown (2012) series as our starting point, we’ll look at the historical characters and events behind Henry IV, Part I and Part II, and discuss whether Part II was a planned sequel or the hasty response to a box-office hit.

Format: 40% Lecture, 40% Videos, 20% Interactive discussion

Instructor: David Flietner, M.S.
Dates: Wednesdays, Sept. 12–26, 2–4:50 pm
Schedule No: 18FA 99806 OF
Fee: $45
Registration Deadline: Sept. 12
**Reason and Revolution: 18th and Early 19th Century Art in Europe**

Explore the romantic visions of the French court and aristocracy in the early 18th century, whose extravagant lifestyle would abruptly end with the French Revolution of 1789. Art was suddenly transformed, with images of virtue, liberty, and reform emerging in a neoclassical style; followed by a new wave of emotional expression called Romanticism. Both had their beginnings in rebellion, yet the style that corresponded best to this social awareness is Realism. Witness how these styles recorded the emergence of the modern era through the brilliance of artists from Boucher to Jacques Louis David, and Goya to Eakins.

**Format:** 70% Lecture, 20% Interactive discussion, 10% Hands-on activity

**Instructor:** Damon Hitchcock, M.A.

**Dates:** Fridays, Sept. 14–Oct. 19, 9–10:50 am

**Schedule No:** 18FA 99808 OF

**Fee:** $69

**Registration Deadline:** Sept. 14

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**The Politics of Food: 50 Years of U.S. Food Policy on Your Plate**

What we eat every day matters to many: food industry representatives, politicians, farmers, commodities traders, and local retailers, among many others. We’ll explore the myriad levels of influence at play in determining food policy in the United States, and seek to understand those policies in the global context. For example: What does global food security mean? How does what we produce and consume in the U.S. affect farmers in other countries? Additionally, we’ll determine if the current food system is unjust, and if so, what a just food system would look like. Making food purchases will never be the same.

**Format:** 60% Lecture, 25% Interactive discussion, 15% Film clips

**Instructor:** James Murren, M.E.S.

**Dates:** Fridays, Sept. 28–Oct. 19, 9–10:50 am

**Schedule No:** 18FA 99809 OF

**Fee:** $45

**Registration Deadline:** Sept. 28

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**Ocean Planet**

With the oceans covering more than 70 percent of our planet’s surface, get a holistic view of how the Earth and oceans work together. We’ll explore the fundamental physical, chemical, geological, and biological processes that govern the world’s oceans, and the role of science in environmental issues — from climate change to local pollution. Gain an understanding of plate tectonics, the geologic history of the ocean basins, the circulation patterns of the atmosphere and oceans, the behavior of waves/tides and their effects on coastlines, and the role of major marine life forms.

**Format:** 70% Lecture, 30% Interactive discussion

**Instructor:** Isabelle SacramentoGrilo, M.S.

**Dates:** Fridays, Sept. 28–Nov. 2, 1–2:50 pm

**Schedule No:** 18FA 99810 OF

**Fee:** $69

**Registration Deadline:** Sept. 28
Sounding Together: A History of the Symphony

Trace the history of the genre of Western art music known as the symphony. Hear how this early operatic prelude was expanded and developed by Haydn, Mozart, and Beethoven to its present stature. We’ll explore the aesthetics, politics, and extra-musical arts that illustrate the cultural context in which these works were conceived. Learn how to identify stylistic distinctions among works from different periods, and the influence of composers from one generation or culture to another.

**Format:** 100% Lecture (with guided listening)

**Instructor:** Maya Ginsberg, M.A.

**Dates:** Mondays, Oct. 1–Nov. 5, 9–10:50 am

**Schedule No:** 18FA 99812 OF  
**Fee:** $69  
**Registration Deadline:** Oct. 1

How to Have Constructive Conversations about Race

Most people claim to want a society that offers everyone a chance to live a life of meaning and sufficient means. Yet ever since the words “Black Lives Matter” burst into our consciousness, many have discovered just how fragile life feels to people of color. And many people of color despair that constructive change is not forthcoming. This course will provide a safe space to discuss how and why we might want to ally ourselves with people seeking to make change, and how we can talk with friends and relatives who are feeling uncertain and even fearful. We’ll delve into important background material, voice our concerns, and role-play the kinds of responses we might wish we had on the tip of our tongue when confronted with situations that make us feel unsure how to proceed. This is also your opportunity to draft a six-week version of this class for the future. Light refreshments will be provided.

**Format:** 20% Lecture, 30% Interactive discussion, 50% Hands-on activity/Video/Shared readings

**Instructor:** Arlene Pincus

**Dates:** Thursdays, Oct. 4 & 11, 1–2:50 pm

**Schedule No:** 18FA 99815 OF  
**Fee:** $35  
**Registration Deadline:** Oct. 4

What’s Up Doc(ket)?

By delving into some of the hottest controversies on the Supreme Court’s docket this year, gain a sophisticated sense of the Court’s role in our governmental system and the kinds of cases it typically takes on. Observe the play-by-play of arguments on appeal, deconstruct the actual briefs filed, and get a sample of the questioning at oral argument. See firsthand how lower courts, advocate lawyers, and amici (“friends of the court”) shape the Court’s perception of social/economic/political issues as they become “legal” issues.

**Format:** 70% Lecture, 30% Interactive discussion

**Instructor:** Glenn Smith, J.D., LL.M.

**Dates:** Tuesdays, Oct. 9–Nov. 13, 10–11:50 am

**Schedule No:** 18FA 99845 OF  
**Fee:** $69  
**Registration Deadline:** Oct. 9
**The American Century: U.S. History from Industrialization to the War on Terror**

Ever wonder why the 20th century is often called the American Century? We’ll explore and discuss the key issues, events, and ideas that explain the growth and power of the United States. We will examine everything from the rise of modern industrial America and the emergence of the U.S. as a world power to the social, cultural, and political movements and events that helped define the U.S. during this remarkable century.

**Format:** 75% Lecture, 25% Interactive discussion

**Instructor:** John Putman, Ph.D.
**Dates:** Wednesdays, Oct. 10–Nov. 14, 9–10:50 am
**Schedule No:** 18FA 99817 OF
**Fee:** $69
**Registration Deadline:** Oct. 10

**Latin American Culture and Language**

Expand your knowledge of the many different, lively Latin American cultures by learning interesting facts about art, literature, music, history, geography, science, math, religion, sports, and more. The first class will focus on tropical Central America and the Caribbean, while the second will whisk you away to adventurous South America. You’ll also learn some basic Spanish vocabulary and expressions useful for traveling abroad.

**Format:** 40% Lecture, 30% Interactive discussion, 30% Hands-on activity

**Instructor:** Emily Jullié, M.A.
**Dates:** Wednesdays, Oct. 10 & 17, 1–2:50 pm
**Schedule No:** 18FA 99818 OF
**Fee:** $35
**Registration Deadline:** Oct. 10

**The Great Religions of the World**

What are the great religions of our world? How have they shaped society, culture, and human living? Why are human beings religious? Learn the origin of five of the world’s oldest, most influential, and widespread religions in human history. Together we’ll examine the basic teachings of Hinduism, Buddhism, Judaism, Christianity, and Islam. Learn the similarities and differences, and the impact of each religion.

**Format:** 70% Lecture, 30% Interactive discussion

**Instructor:** Matthew Wion, Ph.D.
**Dates:** Fridays, Oct. 19–Nov. 30, 1–2:50 pm
(No class on Nov. 23 — Thanksgiving Break)
**Schedule No:** 18FA 99836 OF
**Fee:** $69
**Registration Deadline:** Oct. 19
History and Culture from the 1960s to Today, through the Lens of Star Trek

Space, the final frontier, these are the voyages of the Starship Enterprise …”

Ever wonder why so many people know these words or why Star Trek is such a cultural phenomenon? This course is a must for Trekkies and non-Trekkies alike as we celebrate the sixth series in the Star Trek franchise. We’ll explore the relationship between the five TV series and the larger historical context in which they took place. Topics and episodes include the Cold War, race relations in the ’60s, religion in the ’80s—’90s, terrorism, and AIDS.

**Format:** 50% Lecture, 20% Interactive discussion, 30% Watch Star Trek episodes

**Instructor:** John Putman, Ph.D.

**Dates:** Mondays, Oct. 22–Dec. 3, 9–10:50 am

(No class on Nov. 12 — Veterans Day observed)

**Schedule No:** 18FA 99824 OF

**Fee:** $69

**Registration Deadline:** Oct. 22

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The Arts of Asia: India

Are you intrigued by the religions and arts of India? India is the source of four religions, including Buddhism, one of the primary subjects of art in China, Tibet, Southeast Asia, Korea, and Japan. Come learn about Buddhist and Hindu temples and the symbolic meanings of their architecture, cave temples, Hindu paintings, the Taj Mahal, Islamic and Rajput fortresses, folk arts and crafts, and much more. You may even be inspired to visit India.

**Format:** 90% Lecture, 10% Interactive discussion

**Instructor:** Douglas Barker, M.A.

**Dates:** Tuesdays, Oct. 23–Nov. 27, 1–2:50 pm

**Schedule No:** 18FA 99826 OF

**Fee:** $69

**Registration Deadline:** Oct. 23

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Charles Darwin and the Theory of Evolution

Other than Sir Isaac Newton, Charles Darwin is arguably the most important figure in the history of science. Get a clear and concise explanation of Darwinian evolution — the bedrock of modern biology — and why his theory of natural selection continues to have such a controversial impact upon education and society. Relevant and challenging issues include why Darwin’s theory is associated with the “The Death of God” concept, and how Darwin could have determined that all life is evolving, without knowing about the science of genetics. Bruno Leone is the author of Origin: The Story of Charles Darwin (2009).

**Format:** 90% Lecture, 10% Interactive discussion

**Instructor:** Bruno Leone, M.A.

**Dates:** Wednesdays, Oct. 24–Nov. 7, 1–2:50 pm

**Schedule No:** 18FA 99827 OF

**Fee:** $40

**Registration Deadline:** Oct. 24
Marine Mammals of California

Learn how to identify the seals, sea lions, whales, and dolphins that occupy our coastline. Explore the biology of these fascinating mammals of the sea including their origin and evolution, anatomy (especially feeding and locomotion), life history (mating and reproduction), ecology and conservation. Also learn about the challenges of human interactions. The first four sessions will be lectures at the College of Extended Studies, and the fifth session will be in a lab at SDSU where you can examine the skulls of California marine mammal species. The final class will be a field trip to the San Diego Museum of Natural History to observe fossils and modern marine mammals.

**Format:** 60% Lecture, 20% Interactive discussion, 20% Hands-on activity

**Instructor:** Annalisa Berta, Ph.D.
**Dates:** Thursdays, Oct. 25–Dec. 6, 1–2:50 pm
(No class on Nov. 22 — Thanksgiving)
**Schedule No:** 18FA 99829 OF
**Fee:** $89
**Registration Deadline:** Oct. 25

Late 19th Century Art: The Birth of Modernism

Revolutionary change characterized the fine arts of the late 1800s. As technological advances swept the industrial world, painters began to reconsider the Western tradition of Naturalism in art. Learn about vanguard artists who revealed a new creative spirit with Realism, Impressionism, Post-Impressionism, and Symbolism. Divorcing themselves from conformity were artistic rebels such as Edouard Manet, Vincent Van Gogh, Edvard Munch and the era’s most influential sculptor, Rodin. Studying how industrialization brought urbanization and the birth of the skyscraper we will further enrich our understanding of the visual arts.

**Format:** 70% Lecture, 20% Interactive discussion, 10% Hands-on activity

**Instructor:** Damon Hitchcock, M.A.
**Dates:** Fridays, Oct. 26–Dec. 7, 9–10:50 am
(No class on Nov. 23 — Thanksgiving Break)
**Schedule No:** 18FA 99830 OF
**Fee:** $69
**Registration Deadline:** Oct. 26

Pre-Columbian Civilizations That Shaped Latin America

Understanding the Americas today first requires understanding Latin America’s pre-Columbian civilizations. We’ll discuss gods, kings and everyday people from the aboriginal American Indian cultures that evolved in Mesoamerica (part of Mexico and Central America), to the Andean region and Amazonia. In a trip through time, we’ll visit Aztecs, Olmecs, Mayans, and up to 12 ancient cultures that existed before Columbus came to America in 1492. Learn why Argentinians are completely different from Brazilians, Peruvians, and Mexicans, and how these differences impact the U.S.

Note: The first session of this course will be held on Tuesday, Nov. 13, with the remaining sessions held on Mondays starting Nov. 19.

**Format:** 70% Lecture, 30% Interactive discussion

**Instructor:** Alejandro Castañeda, M.A.
**Dates:** Tuesday, Nov. 13, 11 am–12:50 pm & Mondays, Nov. 19–Dec. 10, 11 am–12:50 pm
**Schedule No:** 18FA 99840 OF
**Fee:** $55
**Registration Deadline:** Nov. 13
Lincoln in the Bardo by George Saunders

Known for his reporting, essays and short stories, American writer George Saunders’ first full-length novel — Lincoln in the Bardo — quickly became a New York Times bestseller. It centers on the death of Abraham Lincoln’s son William “Willie” Wallace Lincoln, and the president’s grief at his loss. The bulk of the novel, which takes place over the course of a single evening, is set in the bardo — an intermediate space between life and rebirth. This experimental novel received critical acclaim, and won the 2017 Man Booker Prize. Time magazine listed it as one of its top 10 novels of 2017. This redefining of a historical novel offers enormous opportunities for discussion.

Format: 10% Lecture, 90% Interactive discussion

Facilitator: Kathi Diamant
Date: Thursday, Nov. 29, 11 am–12:30 pm

SPECIAL EVENT:
Tour SDSU’s New Engineering and Interdisciplinary Science Building

Join us for a tour of our new 85,000-square-foot innovation complex designed to support ground-breaking teaching and research in science and engineering. The complex is a key component of SDSU’s drive to become a top-50 research public university.

Monday, Sept. 17, 12:30–2:30 pm
See page 17 for details.
The Rise and Fall of Political Islam after the Arab Spring

Gain a better understanding of the challenges facing the Muslim world in the aftermath of the Arab Spring and the rise and fall of ISIS. Egypt and Tunisia followed two different paths on how to deal with the rise of Islamic-based parties to power. Military versus political solutions. Violence versus accommodation. What does the future hold in the Middle East and North Africa after the military defeat of ISIS in Iraq and Syria? Are the various ethnic, religious, and sectarian groups willing to pursue a peaceful, political solution to their grievances? If not, then what?

Format: 80% Lecture, 20% Interactive discussion

Instructor: Farouk Al-Nasser, Ph.D.
Date: Monday, Sept. 10, 9–10:50 am

Schedule No: 18FA 99802 OF
Fee: $15
Registration Deadline: Sept. 10

Emily Brontë on Her 200th Birthday

Two hundred years ago, on July 29, Emily Brontë was born in Haworth, a village in West Yorkshire, England. Her only book, Wuthering Heights, and her poems are all we have, yet she influenced literature forever. Her creation of Heathcliff, the first anti-hero, is alive and well, and continues to appear in modern novels and plays. How did this very private young woman develop her novel with its unique structure and memorable characters who still, in spirit, “walk the moors”? We’ll read excerpts from her brief journal entries and her poetry, and discuss her life and the characters she brought to life. Lovers of literature and stories will appreciate this intimate immersion into the genius of Emily Brontë, and can experience her anew as we take a look at her influence in current novels, plays, and film.

Format: 70% Lecture, 10% Interactive discussion, 20% Hands-on activity

Instructor: Karen Kenyon, M.A.
Date: Tuesday, Oct. 2, 10–11:50 am

Schedule No: 18FA 99813 OF
Fee: $15
Registration Deadline: Oct. 2

Yellowstone: From Native Hunting Grounds to Army Post to National Park: The History of This American Icon

Trace the human history that shaped Yellowstone National Park. Learn how it came to be established and the challenges faced by early park managers in controlling poaching, mining, and commercial exploitation before the National Park Service was established. We’ll also look at the challenges of managing 2 million acres of land with a permanent staff of fewer than 300 people, and the impact on the public of park policies such as reservations, increased fees, and limited access hours.

Format: 60% Lecture, 40% Interactive discussion

Instructor: Constantine Dillon, M.P.A.
Date: Wednesday, Oct. 3, 11 am–12:50 pm

Schedule No: 18FA 99814 OF
Fee: $15
Registration Deadline: Oct. 3
Long-Term Care Planning: Techniques to Get the Care Needed and Help Paying for It

The challenges of dealing with dementia and other disabilities can be overwhelming to family and caregivers. The experience for everyone is greatly improved when you understand the community and government programs that can help pay for them. Learn how to protect your hard-earned wealth, and why you don’t have to “spend down” to minimal assets to qualify for Medi-Cal should a loved one need skilled nursing care. Also learn about your right to remain in skilled nursing without discharge or cessation of needed therapy. This is not a presentation about long-term care insurance, but a review of public programs available to everyone.

Format: 80% Lecture, 20% Interactive discussion

Instructor: Philip Lindsley, J.D.
Date: Saturday, Oct. 13, 10–11:50 am
Schedule No: 18FA 99819 OF
Fee: Free
Registration Deadline: Oct. 12

Dealing with Incapacity: Planning Ahead for the Right Legal and Financial Tools

More and more families are dealing with the challenges of dementia and disability, and struggling with how to deal with family members unable to make their own decisions for personal care and finances. We will review planning techniques to assure the right “tools are in the tool box” ahead of time, and techniques to deal with situations in crisis with no previous planning.

Format: 80% Lecture, 20% Interactive discussion

Instructor: Philip Lindsley, J.D.
Date: Saturday, Oct. 6, 10–11:50 am
Schedule No: 18FA 99816 OF
Fee: Free
Registration Deadline: Oct. 5

A Primer for Retirement and Investment Basics

Gain a greater understanding of the complexities of retirement planning as well as the current economy and opportunities in today’s volatile markets.

Part 1 | What Happens After the Paycheck Stops?
Examine expenses and sources of income in retirement, withdrawal rates of assets, and potential risks that could derail strategy.

Part 2 | Time Matters: A Women’s Retirement Outlook
Women statistically end up controlling household finances whether they want to or not. We’ll examine the unique challenges faced by women in retirement, and explore solutions.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Robert Shultz

Part 1 - What Happens After the Paycheck Stops?
Date: Monday, Oct. 15, 1–2:50 pm
Schedule No: 18FA 99820 OF
Fee: Free
Registration Deadline: Oct. 15

Part 2 - Time Matters: A Women’s Retirement Outlook
Date: Monday, Oct. 22, 1–2:50 pm
Schedule No: 18FA 99823 OF
Fee: Free
Registration Deadline: Oct. 22
Getting to Know the Real Charles Dickens

A Tale of Two Cities, A Christmas Carol, David Copperfield, Great Expectations, and Oliver Twist are some of the most read books in the English language, and have influenced contemporary novels and films. Charles Dickens was like a rock star in his day, and created the concept of the series or serial book. He’s often seen as a paragon of the upstanding man, and while he did much to draw attention to the poor and disadvantaged, he had a darker side. Learn how his traumatic childhood affected his life and enhanced his story-telling skills as he wrote about England during the 1900s.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Karen Kenyon, M.A.
Date: Tuesday, Oct. 16, 10–11:50 am
Schedule No: 18FA 99821 OF
Fee: $15
Registration Deadline: Oct. 16

Jonestown Revisited

Learn firsthand about a catastrophe studied around the world, from Jonestown survivor Laura Johnston Kohl who lived in Guyana with about 1,000 adopted family members nearly 40 years ago. On Nov. 18, 1978, when cult leader Jim Jones arranged the murder of 917 people, Kohl happened to be in Georgetown on church business. She will discuss her return trip to Guyana and Jonestown in March 2017, and how the Utopian community that hoped to inspire the world to live in racial harmony came to such an end. She will also update the class on the upcoming 40th anniversary of Jonestown.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Laura Johnston Kohl
Date: Friday, Oct. 19, 11 am–12:50 pm
Schedule No: 18FA 99822 OF
Fee: $15
Registration Deadline: Oct. 19

Ellen Browning Scripps (1836-1932): Newspaperwoman, Philanthropist, and Social Reformer

Learn the life story of a remarkable woman who played a vital role in the history of women, California, and the American West. Born in London, Ellen Browning Scripps grew up in rural poverty on the Illinois prairie and personified the classic American story in which people pull themselves up by their bootstraps. By the 1920s, she was worth an estimated $30 million, most of which she gave away. From the Scripps Institution of Oceanography, and Scripps College; to the La Jolla Children’s Pool, and SDSU’s Scripps Cottage, she left an indelible mark on San Diego.

Format: 60% Lecture, 40% Interactive discussion

Instructor: Molly McClain, Ph.D.
Date: Thursday, Oct. 25, 11 am–12:50 pm
Schedule No: 18FA 99828 OF
Fee: $15
Registration Deadline: Oct. 25
Dealing with Depression

Are you aware there is an epidemic of suicide in the United States? We’ll take a closer look at depression and suicide in our country, examining its correlates and suggesting possible strategies in coping with depression. This includes avenues other than therapy or drugs, such as mindfulness and meditation.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Dennis Braun, Ph.D.
Date: Monday, Oct. 29, 11 am–12:50 pm
Schedule No: 18FA 99832 OF
Fee: $15
Registration Deadline: Oct. 29

The NASA Twin Astronauts: A Year in Space

Sending people to Mars first requires proving they can survive in space. Scott Kelly spent a year in the International Space station while his identical twin underwent identical studies on earth. Scientists discovered that zero gravity threatens loss of bone and muscle, and changes the structure of the eye. Additionally, radiation changes DNA and can turn 200 “space genes” off or on. We take for granted how the human body is designed to cope with gravity and life on earth. Taking those things away teaches us much about ourselves.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Michael Ziegler, M.D.
Date: Tuesday, Oct. 30, 10–11:50 am
Schedule No: 18FA 99834 OF
Fee: $15
Registration Deadline: Oct. 30

La Movida Madrileña: The Madrid Scene

After the death of Spain’s Prime Minister Francisco Franco in 1980, a new cultural wave was born in Madrid. Discover how the Spaniards left behind 40 years of dictatorship and taboos, to embrace freedom of expression. Learn about the countercultural movement known as “La Movida Madrileña” and the artists who emerged, such as singer Alaska, filmmaker Pedro Almodóvar, photographers, graffiti artists, and more.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Sarah Heras, M.A.
Date: Thursday, Nov. 1, 11 am–12:50 pm
Schedule No: 18FA 99835 OF
Fee: $15
Registration Deadline: Nov. 1
In the Age of #MeToo, Know the Difference between Sexual Harassment and Sex Crimes

Under the guidance of a career trial lawyer, learn the differences between sexual harassment and a sex crime. Topics include recognizing precursors to sexual offenses, the different types of sexual offenses, and the legal issues involved in investigating sexual offenses versus sexual harassment. Learn what witnesses have to know in reporting sexual misconduct, and more.

**Format:** 60% Lecture, 20% Interactive discussion, 10% Hand-on activity, 10% Demonstration

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**Instructor:** Wendy L. Patrick, J.D., Ph. D.
**Date:** Saturday, Nov. 3, 9–10:50 am
**Schedule No:** 18FA 99837 OF
**Fee:** $15
**Registration Deadline:** Nov. 2

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How Did the Scene at Jesus’ Birth Become So Crowded?

Did you know that shepherds appear only in the Gospel of Luke, and the “three wise men” are mentioned only in the Gospel of Matthew? Were you aware there are no accounts of the birth of Jesus in the Gospel of Mark or the Gospel of John? We’ll look closely at the variations in these presentations and seek to explain the reasons for the differing infancy narratives of Jesus. The theological perspective of each gospel writer is key to our understanding. Also see how the stories have been meshed together to create the crowd in the contemporary story of Christmas.

**Format:** 60% Lecture, 40% Interactive discussion

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**Instructor:** John R. Spencer, Ph. D.
**Date:** Thursday, Dec. 13, 1–2:50 pm
**Schedule No:** 18FA 99842 OF
**Fee:** $15
**Registration Deadline:** Dec. 13

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Mindfulness-Based Stress Reduction

Mindfulness-Based Stress Reduction (MBSR) was created and popularized by Jon Kabat-Zinn, an American professor emeritus of medicine. In this challenging and life-affirming program, learn the key aspects of mindfulness as it relates to stress reduction, coping with pain and illness, and enhancing well-being. It consists of eight weekly 2.5-hour classes and one all-day retreat. There will be guided instruction in mindfulness meditation, gentle stretching and mindful yoga, inquiry exercises to enhance awareness in everyday life, individually tailored instruction, group dialogue, and daily home assignments (not graded). Guided audio files for home practice and a workbook are included. Note: Bring a yoga mat, water, and wear comfortable clothing to each session. The all-day retreat is Saturday, Oct. 20, from 9 am–4 pm. Lunch will be provided. Space is limited.

**Format:** 10% Lecture, 20% Interactive discussion, 70% Hands-on activity

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**Instructor:** Marilee Bresciani Ludvik
**Dates:** Wednesdays, Sept. 12–Oct. 31, 9–11:30 am
**Retreat:** Saturday, Oct. 20, 9 am–4 pm
**Schedule No:** 18FA 99807 OF
**Fee:** $199
**Registration Deadline:** Sept. 12
Welcome Orientation and Tour

New to the Osher Institute at SDSU? A returning member in need of a refresher? Or just want to see if Osher at SDSU is for you? We invite you to a short presentation followed by a walking tour of our facilities and several points of interest on campus. (Wear comfortable shoes!)

- Meet our dynamic instructors, staff, and fellow learners
- Enjoy refreshments and an opportunity drawing
- Learn more about fall courses
- Register for classes

This event is free. Space is limited. Please RSVP by Wednesday, Sept. 5, at neverstoplearning.net/osher, (619) 594-2863, or osher@sdsu.edu.

You’ll receive an email with event details and instructions for convenient parking. The trolley and bus stops are also nearby. We look forward to meeting you!

Facilitators: Osher Staff and Volunteers
Date: Friday, Sept. 7, 9:30 am–12:30 pm
Fee: Free
RSVP Deadline: Sept. 5
(membership not required)

SDSU Love Library Discovery Session and Tour

Learn more about all the great resources available to you at the SDSU Library. Enjoy a tour led by library faculty and staff for an overview of the collections (more than 7 million items) and services. Learn how to find and borrow books; what special collections and other selections are on each floor; how to access the 800+ public computers; how to check out DVDs and CDs from the Media Center; how to access the book catalogs (for printed and eBooks), article and journal databases, and digital collections; and how to request materials from other libraries.

Facilitator: Gloria Rhodes
Date: Wednesday, Sept. 12, 10–11:30 am
Schedule No: 18FA 99805 OF
Fee: Free
Registration Deadline: Sept. 12

Tour of SDSU’s New Engineering and Interdisciplinary Science Building

Great ideas of the future — curing devastating diseases or addressing climate challenges — will emerge from the intellectual collisions of researchers from different disciplines in SDSU’s new Engineering and Interdisciplinary Sciences Complex. Join us for a tour of this 85,000-square-foot innovation complex designed to support ground-breaking teaching and research in science and engineering. It includes 17 state-of-the-art research labs, instructional facilities, and collaboration spaces. A key piece in SDSU’s drive to become a top-50 research public university, the EIS complex also connects with our institutional heritage through architecture and planning that reflect the historic core of campus. The tour will be followed by a short presentation of the vision and architecture of the building.

Presenter: Laura Shinn, AIA, AICP
Date: Monday, Sept. 17, 12:30–2:30 pm
Schedule No: 18FA 99847 OF
Fee: Free
Registration Deadline: Sept. 17
From Grecian Columns to Spanish Towers: A Tour of SDSU’s Historic Campus Core

Did you know that the SDSU campus was the result of a failed real-estate scheme of a Los Angeles oil magnate? That its Hispano/Moresque buildings are the result of a mid-1920s architectural fad? That a Spanish government official observed at the dedication of the 1931 San Diego State Teachers College that the campus had “some of the finest and purest examples of Spanish-style architecture in any one grouping outside of Spain”? Learn all this and more in a lecture/tour on the fascinating history of SDSU, from its beginnings as a California State Normal School in a rented floor of a downtown building, to teacher-training college in a majestic Beaux-Arts campus in University City and, finally, to a four-year liberal arts college on Montezuma Mesa. Comfortable walking shoes are recommended. Recommended reading: “From Grecian Columns to Spanish Towers,” The Journal of San Diego History, at sandiegohistory.org/journal/1995/january/sdsc/.

Format: 30% Lecture, 20% Interactive discussion, 50% Tour of the Historic Campus Core

Instructor: Alexander Bevil, M.A.
Date: Saturday, Sept. 29, 9 am–12 pm
Schedule No: 18FA 99811 OF
Fee: $19
Registration Deadline: Sept. 28

Conversations Worth Having: Weird and Wacky Science

Enjoy a lively immersion into unusual science experiments, presented through a curated series of six thought-provoking (and often very funny) TED Talks. TED (Technology, Entertainment, and Design) Talks are 8–20 minute videotaped lectures from the world’s leading researchers, scientists, artists, designers, and teachers, on an infinite variety of subjects, available for viewing on YouTube. We’ll watch as scientists undertake the world’s most improbable research, then have in a facilitated discussion on the importance of curiosity and an open mind, and whether humor and silliness are critical to boosting public interest in the sciences.

Format: 50% Interactive discussion, 50% Watch TED Talks

Instructor: Kathi Diamant
Date: Saturday, Oct. 27, 9 am–12 pm
Schedule No: 18FA 99831 OF
Fee: $19
Registration Deadline: Oct. 26

OLLI Café

OLLI Café is a social hour held twice per semester between classes where students can come together in a specially designated room at CES to relax, regroup, share insights about classes, and catch up. Additionally, instructors drop in to give a brief overview of their upcoming classes. Light refreshments are provided. OLLI Café is open to members and non-members.

Facilitators: Osher Staff and Volunteers
Date: Monday, Oct. 29, 1–2:50 pm
Schedule No: 18FA 99833 OF
Fee: Free
Registration Deadline: Oct. 29
Exploring the Night Sky: Naked Eye and Deep Space Observing

Discover the amazing amount of stars, planets, satellites, meteors, and even galaxies you can see on a clear dark night. In SDSU’s Planetarium, we’ll discuss how to map the night sky and what we can learn about the universe without a telescope. Then we’ll switch rooms and remote-control operate SDSU’s 1-meter telescope at Mt. Laguna Observatory (50 miles away at an altitude of 6,100 feet). Weather permitting, we’ll open the dome and use a CCD camera to observe some “deep sky” wonders: star clusters, nebulae, and galaxies millions of light years away. Note: In the event of inclement weather, we’ll discuss the cosmic significance of some of the most beautiful images obtained by Hubble and other telescopes. Space is limited.

**Format:** 5% Lecture, 45% Interactive discussion, 50% Demonstration

**Instructors:** William Welsh, Ph.D. and Gur Windmiller, M.S.
**Date:** Sunday, Nov. 4, 5:30–7:30 pm

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Poets of the Piano

This lecture-recital celebrates the magic and poetry of piano music that transcends the instrument. In a 30-minute lecture followed by a one-hour concert, explore the evolving art of piano music as composers sought to express more moods, scenes, and characters in their work. Behind each timeless piece is a story that will enrich your experience and expand your knowledge of the composer and the culture in which it was created. Hear new things in something familiar, and familiar things in something new.

**Format:** 35% Lecture, 15% Interactive discussion, 50% Demonstration

**Instructor:** Nathan Carterette
**Date:** Tuesday, Nov. 6, 2–4 pm

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2018 Election Debrief with KPBS

Join KPBS for an election 2018 debrief and discussion. General Manager Tom Karlo will moderate a panel featuring the KPBS News team to discuss election results and how they will impact our region. What happens next for the local propositions? What will the new governor’s funding priorities be? How will the new county supervisors change the dynamics of the board? These questions and more will be answered. The panel will also explore the media’s role in covering the election. The panel discussion will be followed by a behind-the-scenes tour of KPBS.

**Format:** 60% Panel discussion, 40% Walking tour of facility

**Facilitator:** Tom Karlo
**Date:** Tuesday, Nov. 27, 10 am–12 pm
**Location:** KPBS
5200 Campanile Drive
San Diego, CA 92182

**Schedule No:** 18FA99843OF
**Fee:** $19
**Registration Deadline:** Nov. 27
SPECIAL EVENTS | OSHER INSTITUTE AT SDSU | FALL 2018

SDSU Arts Alive Theater Event: Leonard Bernstein’s Mass

Commissioned in 1971 for the opening of the Kennedy Center for the Performing Arts, Mass is the third mega-concert collaboration between the School of Theatre, Television, and Film; and the School of Music and Dance. The TTF will present Mass: A Theatre Piece for Singers, Players and Dancers as part of the Leonard Bernstein at 100 celebration. Composed by Leonard Bernstein, with additional text and lyrics by Stephen Schwartz and Paul Simon, this innovative setting of a traditional Tridentine Mass will feature over 200 participants, filling the Don Powell stage for an unforgettable evening of music, song, and theatricality that explores what happens when a community experiences a collective crisis of faith. Osher members will meet at the College of Extended Studies, then walk together to the Don Powell Theater.

Format: 100% Demonstration

Facilitators: Osher Staff and Volunteers
Date: Sunday, Dec. 9, 2–4 pm
Schedule No: 18FA 99846 OF
Fee: $19
Registration Deadline: Dec. 7

Be an Osher Volunteer

Volunteers are crucial to society, and they’re the backbone of Osher at SDSU. We welcome your energy, enthusiasm, and fresh ideas; and you’ll appreciate the sense of ownership. Your skills and interests are unique, and we would love to match you with the perfect role to spread the word about the intellectually and socially uplifting Osher community.

Consider Joining or Chairing a Committee or Group
Time commitment is 1–3 hours per week

- Curriculum Committee – Recruit new instructors and assist in selecting curriculum each semester.
- Membership Committee – Develop strategies to recruit and retain members. This includes greeting and welcoming new students, nurturing member relationships, assisting with annual member meetings, and developing member surveys.
- Marketing Team – Increase visibility of Osher through outreach, community partnerships, and social media.
- Event Planning Team – Help plan events such as the Welcome Orientation and Tour, and OLLI Café.
- Speakers’ Bureau – Represent Osher at local organizations and communities in an effort to raise awareness and increase membership.
- Administrative Support – Assist with day-to-day operations such as creating class packets, sending welcome letters to new members, summarizing course evaluations, and sending course-reminder emails to students and instructors.
- Classroom Ambassador – Welcome students, introduce instructors, and ensure classes run smoothly. Serve as liaison between the Institute and classmates, disseminate information, and motivate peers to get involved.
- Fundraising Team – In collaboration with SDSU University Relations and Development, develop and implement strategies to assist in achieving annual fundraising goals.

For more information, please call (619) 594-2863 or email osher@sdsu.edu.
Farouk Al-Nasser, Ph.D., is a graduate of Baghdad University, University of Colorado, and University of Denver with B.S., M.S. and Ph.D. degrees in electrical engineering respectively. During his 42-year career in the data storage industry, he held technical, operational, marketing, and senior executive management positions at Fortune 500 and mid-size companies. After the 2003 invasion, Farouk spent several months in the Middle East working for a San Diego-based company involved in the reconstruction and development of Iraq. He is on the board of directors and past president of the San Diego World Affairs Council. ● The Rise and Fall of Political Islam after the Arab Spring, page 12.

Douglas Barker, M.A., is a professional art historian and metaphysical researcher, and taught art history at several colleges and universities for over 25 years. While living in England, Germany, and Switzerland, he studied alternative education and worked as a guide on art tours. He also conducted study tours of Israel and India in the German language. Barker has traveled extensively in native North America and participated in numerous ceremonies. He earned his M.A. in art history from the University of Chicago and has taught 100+ courses at a variety of colleges and universities. ● From Cave Paintings to Roman Temples: The Art and Architecture of the Ancient World, page 5; The Arts of Asia: India, page 9.

Annalisa Berta has a Ph.D. from the University of California, Berkeley, and is professor emerita in the Department of Biology at SDSU. As an evolutionary biologist, she studies the anatomy and evolution of fossilized and living marine mammals. She has published more than 100 scientific papers and several books: Return to the Sea: The Life and Evolutionary Times of Marine Mammals (2012), Marine Mammals: Evolutionary Biology, 3 ed. (2015), Whales, Dolphins and Porpoises: A Natural History and Species Guide (2015) and The Rise of Marine Mammals: 50 Million Years of Evolution (Johns Hopkins University Press, 2017). ● Marine Mammals of California, page 10.

Alexander D. Bevil is a graduate of SDSU, and has been writing articles about San Diego’s history since 1988. While working as a historical consultant, he taught a local history class at Old Town San Diego. During his 20-year career as a California State Parks historian, he prepared evaluation studies on several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. His expertise as a consulting historian for several locations associated with California’s military history. ● From Grecian Columns to Spanish Towers: A Tour of SDSU’s Historic Campus Core, page 18.

Peter Bolland, M.A., is the philosophy and humanities department chair, and a professor of philosophy and humanities at Southwestern College where he teaches world religions, Asian philosophy, world mythology, and ethics. Bolland also focuses on bringing the life-changing insights of the world’s wisdom traditions into the wider community through his columns in Unity Magazine and the San Diego Troubadour, as well in numerous lectures and workshops at venues like The Chopra Center, Osher at SDSU, San Diego Oasis, Vision: A Center for Spiritual Living, and many more. An award winning poet and singer-songwriter, Bolland also performs regularly. For upcoming events, visit peterbolland.com. ● The Wisdom of Daoism, page 5.

Nathan Carterette is a classical pianist who trained at Yale University and in private study in Munich, Germany. He has performed around the world, and is known for his performances of Bach, his work with composers of today, and his educational initiative “Poets of the Piano.” For more information, please visit nathancarterette.com. ● Poets of the Piano, page 19.

Alejandro Castañeda, M.A., has taught at prestigious Mexican universities including Universidad Anáhuac and Universidad Iberoamericana. Currently he teaches marketing and communications online at Coahuila, Mexico State University in Torreon, Mexico. He is a visiting professor for extended learning programs at CSU San Marcos and the University of Texas at Austin.
Corporate training since 1995, he designed dozens of professional certificate programs, workshops, and seminars for thousands of associates in corporations throughout the Americas. Since 2005, Castañeda has specialized in online instruction. He is also a published author with nine books on the topics of leadership, productivity, customer service, and sales. He holds a bachelor’s degree in communications from La Salle University and a master’s in communications from Università Internazionale delle Arte and Università Statale di Firenze, both in Florence, Italy. ● Pre-Columbian Civilizations That Shaped Latin America, page 10.

**Kathi Diamant** is an adjunct professor at San Diego State University, where she has taught classes on Kafka, writing, acting, and more for the Osher Lifelong Learning Institute at SDSU since 2008. She has written extensively for newsletters, newspapers, and magazines as a freelance journalist, and received the San Diego Book Awards’ Geisel Award for her biography, *Kafka’s Last Love*. Diamant facilitates book discussions and Conversations Worth Having events, and leads the book club at the Kensington Library and for the Osher Institute at SDSU. Best known in San Diego for her work as a TV interviewer and fundraising host for KPBS, Diamant continues to appear both locally and nationally on behalf of Public Broadcasting. As a passionate advocate for the arts, she serves as a commissioner on the San Diego Commission for Arts and Culture. ● *Lincoln in the Bardo* by George Saunders, page 11; *Conversations Worth Having: Weird and Wacky Science*, page 18.

**Constantine (Costa) Dillon, M.P.A.**, is a retired National Park Service ranger and superintendent who worked in more than a dozen parks in his 35-year career. His awards include the Department of the Interior’s Meritorious Service Award and the National Parks Conservation Association’s Stephen Mather Award. He has a B.S. in Environmental Planning and Management (Park Option) from the University of California, Davis, and a Master of Public Administration from the University of Colorado. ● *Yellowstone: From Native Hunting Grounds to Army Post to National Park: The History of This American Icon*, page 12.

**David Flietner, M.S.**, has taught at the high school and community college levels. A botanist by training, he has made Shakespeare’s history plays, their source materials, authorship, and critical commentary his study over the past three years. ● *Shakespeare and History’s Henry IV*, page 5.

**Maya Ginsberg, M.A.**, has been studying the violin since age 11. She studied violin performance at the University of Oregon, holds a B.A. in music from Skidmore College, and received her M.A. in music from SDSU. She has been an active member of the North Coast Symphony Orchestra for the last 14 years. She is a violinist with Eliana Strings, and the violinist of the Striano Piano Trio. In addition to her work as the violin clinician at Mount Carmel High School, she is a lecturer at SDSU and teaches violin privately in the San Diego North County area. ● *Sounding Together: A History of the Symphony*, page 7.

**Sarah Heras, M.A.**, is a native of Spain, holds a master’s degree in Spanish from San Diego State University, and teaches Spanish at Southwestern College and San Diego Mesa College. She has been traveling and living in Mexico for the last 13 years, and notes that the Mexican history she was taught in Spain is very different from the one she learned during her travels. ● *La Movida Madrileña: The Madrid Scene*, page 15.

**Damon Hitchcock, M.A.**, is an adjunct instructor at Miramar College and Southwestern College and an instructor at the San Diego Museum of Art’s Museum Art School. He teaches art history, drawing, watercolor, and design, and has been a juror for local exhibitions. He earned his master’s degree in studio arts from SDSU. He has been teaching for over 45 years including 11 years at Osher. ● *Reason and Revolution: 18th and Early 19th Century Art in Europe*, page 6; *Late 19th Century Art: The Birth of Modernism*, page 10.

**Laura Johnston Kohl** lived with both the Peoples Temple and Synanon cults. After a fluke saved her from the deaths in Jonestown on Nov. 18, 1978, she struggled but persevered, earning her B.A. in philosophy/psychology, then her California Teaching Credential. She is on the Speakers’ Bureau of the Jonestown Institute, and has been interviewed locally, nationally, and internationally for TV, radio, newspapers, research papers, and documentaries. She has written many articles about the details of life in Peoples Temple and her survival, and for the annual Jonestown Report. Kohl is the author of *Jonestown Survivor: An Insider’s Look*, and is currently working on her second book. ● *Jonestown Revisited*, page 14.

**Emily Jullié, M.A.**, dedicated her life to language teaching, testing, and acquisition. With an M.A. in Spanish from SDSU and a B.A. in English from University of North Carolina – Chapel Hill, she is also ACTFL OPI and TEFL certified. She gained her teaching experience abroad, teaching English in Latin America in Costa Rica, Mexico, Argentina, and Brazil. Upon returning to the U.S., her passion for teaching transferred to Spanish and helping others develop their bilingual skills. She currently teaches for the Dual Language and English Learner Education (DLE) Department at SDSU. ● *Latin American Culture and Language*, page 8.
Tom Karlo’s entire career has been at KPBS. He began in 1973 as a part-time assistant while studying television and film at San Diego State University, and rose through the ranks to become general manager in February 2009. ● 2018 Election Debrief with KPBS, page 19.

Karen Kenyon, M.A., is an associate professor at MiraCosta College and a writing instructor at UCSD Extension. She is the author of the books, Sunshower, The Brontë Family: Passionate Literary Geniuses, and Charles Dickens: Compassion and Contradiction. Her feature articles have been published in Redbook, British Heritage, Newsweek, and The Christian Science Monitor. ● Emily Brontë on Her 200th Birthday, page 12; Getting to Know the Real Charles Dickens, page 14.

Bruno Leone, M.A., earned his master’s degree in European intellectual history, and is a lecturer, freelance writer, Fulbright Fellow, National Endowment for the Humanities Fellowship recipient, and former instructor at the University of Minnesota and St. Francis College. He has authored several books including Science and Religion, Origin: The Story of Charles Darwin (published by Morgan Reynolds as part of their Biographies in Science series), and most recently, Disease in History. He has taught intellectual history, the history of science and technology, and the philosophy of history since 1980. ● Charles Darwin and the Theory of Evolution, page 9.

Philip P. Lindsley, J.D., is a widely recognized elder and disability law attorney. His practice focuses on Medi-Cal and public benefits planning, special needs planning, asset protection, probate and trust administration, and conservatorships and their alternatives. He is a Certified Elder Law Attorney (CELA), accredited by the State Bar of California and the American Bar Association; a State Bar of California-certified legal specialist in estate planning, trust and probate law; and an accredited Veterans Administration attorney. He is rated AV “Premeinent” by Martindale-Hubble peer review. ● Dealing with Incapacity: Planning Ahead for the Right Legal and Financial Tools, page 13; Long-Term Care Planning: Techniques to Get the Care Needed and Help Paying for It, page 13.

Molly McClain, Ph.D. (Yale), is a professor of history at the University of San Diego. Her academic honors include USD’s distinguished University Professorship and the Davies Award for Faculty Achievement. She is the author of four books and numerous articles in the fields of British and U.S. history, including the recently published Ellen Browning Scripps: New Money and American Philanthropy (2017). A ninth-generation San Diegan, she edits The Journal of San Diego History for the San Diego History Center. ● Ellen Browning Scripps (1836–1932): Newspaperwoman, Philanthropist, and Social Reformer, page 14.

James Murren has more than 15 years of domestic and international environmental, agricultural, and agricultural extension education experience, working in sustainable community development related to: farmer’s association capacity-building, agro-forestry, watershed protection and management, environmental education, household energy, sustainable bio-energy procurement, sustainable technology transfer, marketing, business planning, and grain storage. He has written proposals and managed awarded projects in collaboration with, among others: USAID, USEPA, UNHCR, UNDP, Ashden Award, and Winrock International. Murren has lived and/or worked in Honduras, Costa Rica, Mexico, Paraguay, Brazil, Ethiopia, Nigeria, and the Republic of Georgia. He grew up in a farming family in Pennsylvania. ● The Politics of Food: 50 Years of U.S. Food Policy on Your Plate, page 6.

Wendy Patrick, J.D., Ph.D., is a career prosecutor, SDSU business ethics lecturer, and media commentator with over 3,000 media appearances. She has a weekly legal segment on Fox 5 San Diego, a bi-weekly segment on Fox News radio, and comments almost daily on politics in the media, including social media. Dr. Patrick is also a behavioral expert. She is the author of Red Flags (St. Martin’s Press, 2015), and co-author of the revised version of the New York Times bestseller Reading People (Random House 2008). She has her own column in Psychology Today where she often writes about the combination of psychology, politics, and social media. ● In the Age of #MeToo, Know the Difference Between Sexual Harassment and Sex Crime, page 16.

Arlene Pincus was raised in a family with a commitment to civil rights, but it wasn’t until she became a principal in a mixed-race school district that race and privilege took front and center. She learned about conflict resolution, how to ask the right questions, and listen in a productive way from Linda Lantieri, co-founder of the Resolving Conflict Creatively Program — implemented in over 400 schools in the United States, with pilot sites in Brazil, Spain, and Puerto Rico. Pincus has published articles on this topic, and led a staff in making school a safe learning space for all. She is an active member of Showing Up for Racial Justice, a national organization whose mission is teaching white people about white privilege and being appropriate allies for people of color. ● How to Have Constructive Conversations about Race, page 7.

John Putman, Ph.D., is an associate professor of history at SDSU and historian of the modern...

Laura V. Shinn, AIA, AICP, is the director of planning at San Diego State University. She is responsible for campus strategic and master-plan management, capital program development, facilities planning and design, and facilities data and records oversight, as well as the Facilities Graphics studio and sign shop. Prior to joining SDSU in December of 2013, Shinn was a director in the Office of Planning at Ohio State University. Prior to joining Ohio State, she was the associate director of design at the Columbus Neighborhood Design Assistance Center. Shinn began her career as an architect in private practice, specializing in historic preservation and accessible design. ● *Tour of SDSU’s New Engineering and Interdisciplinary Science Building*, page 17.

Robert D. Shultz has been an Edward Jones financial advisor for 10 years and provides retirement planning, investments, and insurance to individuals. His professional designations include AAMS (Accredited Asset Management Specialist) and Series 7 and 66 licenses. Shultz serves on the Edward Jones leadership team and is a member, past president, and Helix High Key Club Advisor for La Mesa Kiwanis Club. He lives in Clairemont, works in La Mesa, and is married with four children. ● *A Primer for Retirement and Investment Basics*, page 13.

Glenn C. Smith, J.D., LL.M., is a constitutional law professor at California Western School of Law, and teaches a Supreme Court simulation class in which the students learn about the Court by playing roles as current justices and advocates. He is the author of *Constitutional Law for Dummies* and writes about a variety of legal issues for scholarly journals and publications aimed at non-legal audiences. He is a regular commentator in print and electronic media regarding the Court and its cases. ● *What’s Up Doc(ket)?*, page 7.

John R. Spencer, Ph.D., is professor emeritus of biblical studies in the Department of Theology and Religious Studies at John Carroll University. He earned his Ph.D. at the University of Chicago; his M.A. at the Pacific School of Religion, and his B.S. at the University of California, Berkeley. Dr. Spencer teaches in the areas of biblical studies, ancient Near Eastern history, archaeology, and interdisciplinary topics. He publishes on the topics of archaeology and the Old Testament/Hebrew Bible, has worked on several archaeological excavations, and lived and traveled extensively in the Middle East. ● *How Did the Scene at Jesus’ Birth Become So Crowded?*, page 16.

William Welsh, Ph.D., is a professor of astronomy at San Diego State University. He earned his Ph.D. from the Ohio State University, followed by postdoctoral work at Keele University in England and at the University of Texas, Austin. Since joining the faculty at SDSU in 2000, his work has been focused on transiting exoplanets, and in 2008 he was selected to join NASA's Kepler Mission. Dr. Welsh has been a pioneer in the field of circumbinary planets, a new class of planet that he helped establish. In 2015, he was honored with SDSU's College of Science’s Monty Award for outstanding faculty contributions. ● *Exploring the Night Sky: Naked Eye and Deep Space Observing*, page 19.

Gur Windmiller, M.S., was born and raised in Israel and came to live in San Diego as a student in 1999. He received a B.S. and M.S. in astronomy from SDSU and has been working in the astronomy department and doing research for nearly a decade. The research team that he feels lucky to be part of — lead by Dr. Bill Welsh and Dr. Jerry Orosz — has made numerous discoveries, among which are planets with two suns. This is Windmiller’s sixth
Matthew Wion holds a Ph.D. from Marquette University in Wisconsin and an M.A. from SDSU. Born, raised, and originally educated in San Diego, Wion earned his Ph.D. in philosophy in 2011. During his graduate studies, he taught philosophy courses at Marquette, Mount Mary College, and Bryant and Stratton College (all in Milwaukee). After graduation, he was an adjunct at the College of Lake County, Harper College, McHenry County College, and Oakton in Northern Illinois. In 2015, he and his family returned to San Diego where he teaches at Southwestern College, the University of San Diego, and Cal State San Marcos. ● The Great Religions of the World, page 8.

Michael Ziegler, M.D., has done extensive research on sympathetic nervous control of the cardiovascular system, and his work has appeared in over 300 publications. His recent studies have examined how adrenergic genetic polymorphisms alter control of blood pressure in man and transgenic mouse. His NASA research has examined why astronauts lose postural control of blood pressure on their return from space flight, for which he received a NASA award. Dr. Ziegler has chaired several NIH Review Committees and created test drugs to challenge the autonomic activity of astronauts, worked with flight surgeons, helped design protocols to test former astronauts, and worked with NASA to devise current protocols to deal with orthostatic intolerance in astronauts. He is particularly interested in mechanisms that allow the brain to use the sympathetic nervous system to alter physiology. ● The NASA Twin Astronauts: A Year in Space, page 15.

Note: Our speakers are selected for educational purposes only. Attendees who choose to subsequently engage any speaker for personal or professional services do so at their own risk, and are cautioned to use prudence and check qualifications. We make no recommendations or claims regarding the fitness or skill of any of our speakers in providing professional or personal services.

Get a Fixed Income for Life, Avoid Capital Gains Tax, and Leave a Lasting Gift to the Osher Institute at SDSU

If you’re like many who own assets, the fluctuating stock and real estate markets are a source of unease. You also know that if you sold your assets, you would face a high capital gains tax. So if you’re looking for secure sources of fixed income for now or future retirement, and you’d like to ensure your love of lifelong learning passes to future generations, a Charitable Gift Annuity (CGA) is a win-win.

A CGA is a contract between you and the Osher Institute at SDSU, in which you transfer your assets in exchange for a fixed income for the rest of your life. The income can be quite high depending on your age, and a portion may even be tax-free. Best of all, you receive a charitable deduction every year for the value of your contribution.

Annuity Rates for One Life

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*Rates are effective January 2012 and unchanged since April 2017.
Osher Institute at SDSU Membership is $25 for Renewing Members and $30 for New Members, Per Person, Per Term

Membership is required each term to register for Osher Institute offerings, unless otherwise noted. Registration opens Tuesday, August 14.

Sponsorships
Sponsorships are available; a written letter of application is required.
To apply, please call (619) 594-2863, or email osher@sdsu.edu.

How to Register

Please register by the deadline for all courses and activities.

- **Phone**: (619) 594-5152
- **Online**: neverstoplearning.net/osopher
- **Mail**: SDSU College of Extended Studies Registration and Enrollment Services, 5250 Campanile Drive, San Diego, CA 92182
- **In Person**: CES Registration window located on the Hardy Avenue side of the Gateway Center building. Hours: Monday–Friday, 8 am–5 pm.

Registration is processed by the College of Extended Studies Registration and Enrollment Services office.

SDSU RedID Number
San Diego State University uses a nine-digit student identification number called an SDSU RedID as your primary source of identification for all transactions at SDSU. New students can create a RedID number online during registration or the registration staff will create one for you if registering by phone or mail. Students may also choose to purchase an optional SDSUcard.

Optional SDSUcard
An SDSUcard is available for a one-time fee of $18 as an additional option for Osher Institute at SDSU members interested in the following:

- Special student pricing at area theaters, museums, cultural facilities, and public transportation.
- Contact participating organizations for rates and availability.
- Discounted monthly fee (affiliate rate) at the Aztec Recreational Center. Call (619) 594-7529 for more information.
- SDSU student tickets to campus athletic events. Visit goaztecs.com/tickets/sdsu-ticket-office.html.

To obtain your SDSUcard for the first time, check in at the College of Extended Studies (CES) Registration/Cashiers windows (Hardy Avenue side of the Gateway Center building). Then go to the SDSU Office in the Student Services West building, room 2620 (map on page 29) to get your picture taken. Bring your driver’s license or other official identification. You will also receive a semester sticker to indicate that your SDSUcard is valid for the current Osher semester. To renew your SDSUcard in future semesters, obtain an updated semester sticker at no additional charge by visiting the CES Registration/Cashiers office after registering for your Osher courses. The $18 SDSUcard fee is a one-time fee, unless the card is lost. The replacement fee is $20.

Confirmation
Once registered, you will receive a confirmation letter by email that will also serve as your parking permit; it must be printed in color and placed face-up on your dashboard. Room numbers are posted on the digital screens in our building lobbies on the day of the course. Additional information about special events will be emailed separately, closer to the date of the event. If you don’t have a color printer or forget to bring your registration/parking permit: 1. Forward your registration confirmation email for each applicable course to osher@sdsu.edu. 2. Pick up the hard copy (we’ll print it for you) at the Osher Institute at SDSU Reception.
desk, in the Extended Studies Center Building, 3rd floor. We're open Monday–Friday, 8 am–5 pm.

**Late Registration**
Registration deadlines are posted with each course in this catalog and on our website. After the registration deadline, students may request to register late with Osher staff approval and a $5 late fee, provided there is still room to enroll. Students should fill out a CES Registration form, obtain the approval signature on the form (or obtain an email; print and attach to the form) and submit the registration in person or by mail. Late registrations may not be done online or by phone. For questions or assistance with late registrations, contact the CES Registration and Enrollment Services office at (619) 594-5152 or the Osher Institute at SDSU office at (619) 594-2863.

**Wait Lists**
If a course/activity is full, there may be an option to put your name on a wait list. If a registered participant drops, those on the wait list will be contacted by email in waitlist order and given a 24-hour period to register before the next person on the list is contacted by automated email. If you put your name on the wait list before the registration deadline and a spot opens, you will not be charged the late fee when you enroll.

**Refund Policy**
We strive to make your Osher Institute at SDSU experience the best that it can be. However, we know that unexpected things come up or that you may change your mind. You may drop/withdraw from a course by contacting the CES Registration and Enrollment Services office. Non-attendance or notifying the instructor does not constitute officially dropping or withdrawing from a course. Refunds are not automatic. Refunds may be applied against other amounts due the University. All Osher Institute at SDSU Special Event and Edventure fees are nonrefundable after the registration deadline and are non-transferable. The membership fee is not a tuition fee, and accordingly, cannot be prorated, refunded, transferred, or adjusted. No refund is made for less than $10. For courses with four or fewer meetings, there is no refund. In lieu of a refund, students may opt to transfer their tuition to another course within the same semester. The student is responsible for any differences in tuition due to the transfer. For questions or assistance, call the CES Registration and Enrollment Services office at (619) 594-5152.

**Osher Institute at SDSU Refund Schedule**

a. Withdrawal in person, by phone, or postmarked at least one working day before the first day of class:
   - If class fee is less than $50, refund is class fee minus $5.
   - If class fee is more than $50, refund is class fee minus $21.

b. Refund requests received on or after the first day of class:
   - If 25 percent or less of the course has taken place, 65 percent of the fee will be refunded.
   - If more than 25 percent of the course has taken place, there is no refund.

c. Refunds are based on the date when notice is received by the College of Extended Studies. Drops/withdrawals done by mail are effective as of the postmark date.

**Accommodations for Students with Disabilities**
The Osher Lifelong Learning Institute at SDSU is dedicated to providing an enjoyable learning experience for all students. When registering for a course or off-campus event for which you will require accommodations, please notify the Osher Institute as SDSU staff as soon as possible at (619) 594-2863 or osher@sdsu.edu.

**SDSU Nondiscrimination Policy**
In accordance with Title IX, San Diego State University prohibits discrimination, harassment and retaliation on the basis of sex, gender, or sexual orientation, including sexual harassment and violence. For more information regarding Title IX, Sexual Violence Prevention and Education, and the University’s complaint procedures, please visit the SDSU Nondiscrimination Policy page at: titleix.sdsu.edu.
Parking Permits

After completing registration for a course or event, you will receive a parking permit by email which is also your registration confirmation; it must be printed in color and displayed face-up on your dashboard. Parking permits are required 24 hours a day, 7 days a week, and are valid beginning one hour prior to your class, and ending one hour after your class.

- Your confirmation/parking permit is valid in: Parking Structure 6, adjacent to the Extended Studies/Gateway Center classrooms (levels 5 and 6 are closest to the classrooms held in ESC and Gateway Center). Overflow parking is available in Parking Structures 3, 4, and 7 in spaces marked “Student.”
- ADA parking is available. A parking permit is still required, in addition to a disabled placard, disabled plate, or a temporary DP (disabled person) placard issued by the DMV.
- Visitor parking is available in Lot 7. Permits are $2/hour.
- Motorcycles must park in motorcycle stalls only.
- Please clearly display your parking permit each time you come to class, and check that dates are valid. Be sure the permit is printed in color, with the time(s) and date(s) of your course(s) facing up when you place the permit on your dashboard. Please fold on the dotted line to conceal your name and address.

For additional information about all parking rules, visit our website at ces.sdsu.edu/parking. Legal parking is the responsibility of the individual. For questions on parking permits or citations, contact Parking Services at (619) 594-6671.

Trolley/Bus Transportation Options

The SDSU Transit Center has become a popular transportation method for many Osher members, with bus and trolley access conveniently located on campus.

Public Transit Benefits:
- Located near Osher classrooms (see map).
- Discount rates available from MTS for students with SDSU card (see page 26).
- Discount rates available from MTS for senior/disabled/Medicare recipient riders at sdmts.com/fares-passes.

Take a virtual tour of the SDSU Transit Center or learn more at arweb.sdsu.edu/es/virtualtour/transit.html.

Every Ride Has a Story ...
Be the Hero of the Story

The award-winning On the Go Rides & Smiles program is the largest volunteer-based transportation service in San Diego County. On the Go services are available to San Diego area adults age 60+ (see website for service area). Additional options include door-to-door Shuttles ($4 each way), Excursions ($8 and up), Silver premium transportation services, and OTG Navigator (on-demand transportation).

To learn more about volunteering or for details about discounted On the Go transportation services available to Osher Institute at SDSU members, visit jfssd.org/onthego or call (858) 637-7320.
Lot 7: Overflow parking is available in “Student” spaces with a CES parking permit. Visitor parking available for $2/hour.

Transit Center: Bus/Trolley.

Lot 3: Overflow parking is available in “Student” spaces with a CES parking permit.

Lot 4: Overflow parking is available in “Student” spaces with a CES parking permit.

Parking for Osher courses is conveniently located, and is included with your course enrollment.

Take the trolley or bus to your Osher class. They stop close to our classrooms.

Call the Metropolitan Transit Center at (619) 233-3004 or go to sdcommute.com for more information.

Parking Alternative

Park & Ride lots are available throughout San Diego County. Visit icommutesd.com/Commuters/ParkNRIde.aspx.
The Osher Institute at SDSU’s Referral Program is Your Ticket to a Free Lecture

As a current member, you can get a free lecture when you refer a friend who purchases a new membership this fall. There’s no limit, but you must redeem your free lectures in the fall semester. To do so, just call registration at (619) 594-5152 or visit the registration window on Hardy Avenue. Refer away! Word-of-mouth is our best source of sharing the fun and community of Osher at SDSU.

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• Connect | facebook.com/sdsuosher