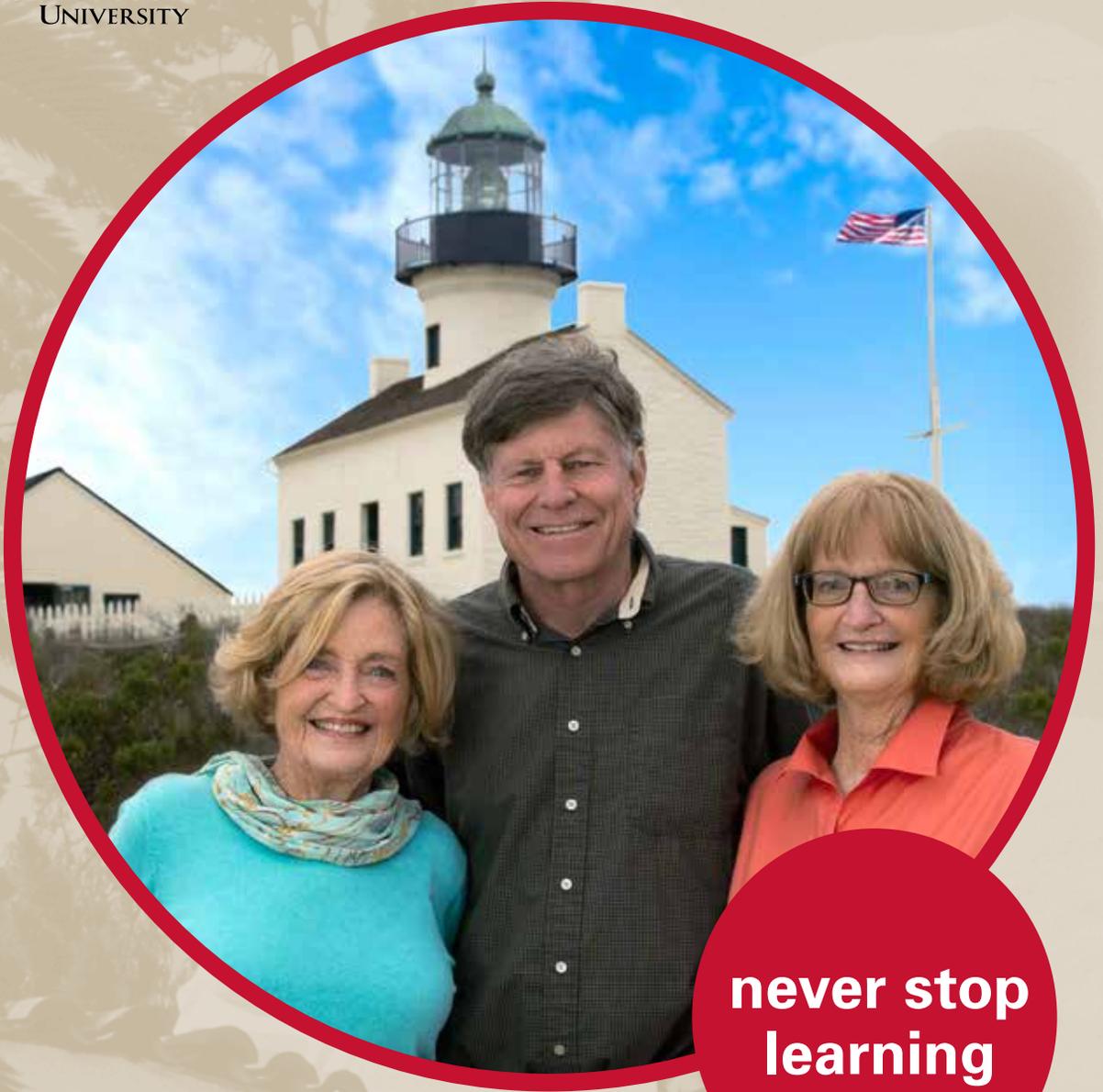


SAN DIEGO STATE
UNIVERSITY

Spring 2019

COURSE CATALOG



**never stop
learning**

Osher Institute at SDSU

offers intellectually stimulating, university-quality courses for students age 50 and better. There are no tests or grades, just the thrill of learning with like-minded peers.

Parking is included.



College of
Extended Studies

never stop learning™

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How to Contact Us

Registration Office

- Register or change schedule:

Phone: (619) 594-5152

Website & Live Chat:

neverstoplearning.net/osher

Osher Staff

- For questions:

Phone: (619) 594-2863

Email: osher@sdsu.edu

On the cover (L to R): Osher instructors Karen Scanlon, Blaine Davies, and Kim Fahlen.

Welcome to SPRING 2019

Carmen Live at the San Diego Opera, a Tour of Salk Institute, Lighthouses of San Diego, How *Attack of the Killer Tomatoes* Came to Be, and The Perennial Philosophy (with Peter Bolland as our guide) are just some of the exciting topics this spring at the Osher Lifelong Learning Institute at SDSU. Every semester, we offer a fascinating array of courses, lectures, book clubs, special events, and day-trip Edventures for students age 50 and better. We invite you to join our diverse community of adults joyfully committed to Never Stop Learning. Learn more about the benefits of membership on page 1, and see the Schedule at a Glance on page 2. We invite you to learn, grow, and explore with us, and look forward to seeing you in class. neverstoplearning.net/osher



Important SPRING Dates

Registration Opens | Tuesday, Jan. 8

SPRING 2019 Session | Feb. 7–May 13

Join Us: Spring Kickoff Event

Friday, Feb. 1

9:30 am–12:30 pm

Get a tantalizing preview of spring courses from our dynamic instructors, and meet staff and fellow learners at this fun, informal event. You can register for courses on the spot (and get help if you need it), and meet exhibitors from local community organizations. The event concludes with an optional walking tour of our facilities and several points of interest on campus (wear comfortable shoes). Light refreshments will be provided. We look forward to meeting you!



This event is free. Space is limited. Please RSVP by Wednesday, Jan. 30, at neverstoplearning.net/osher, (619) 594-2863, or osher@sdsu.edu. You'll receive an email with event details and instructions for convenient parking. The trolley and bus stops are also nearby.

About the Osher Institute at San Diego State University

The Osher Lifelong Learning Institute at SDSU is one of 122 unique Osher Lifelong Learning Institutes supported by The Bernard Osher Foundation. Established in 2004, the Osher Institute at SDSU is operated by staff from SDSU's College of Extended Studies with support from the Osher advisory board, leadership committees, members, and instructors who serve within our diverse learning community. The Osher Institute at SDSU is funded through the generous endowment support of The Bernard Osher Foundation and the Osher Institute at SDSU members' fees and contributions. To learn how your gift can help enhance the tradition of excellence, visit neverstoplearning.net/supportOSHER.



Bernard Osher



SAN DIEGO STATE
UNIVERSITY

Mission: The Osher Lifelong Learning Institute at San Diego State University (SDSU) offers a vibrant and diverse learning community for adults age 50 and better, with intellectually stimulating, university-quality courses, and engaging leadership and volunteer opportunities.

Vision: The Osher Institute at SDSU offers learning opportunities that include a fascinating array of academic topics featuring outstanding instructors, award-winning authors, and artists who inspire and engage lifelong learners.

Discover the Rewards of Osher Membership

Membership is \$25 for renewing members and \$30 for new members, per person, per term.

Membership is required to register for Osher offerings unless otherwise noted.

- Access to a wide array of offerings
- Free convenient parking included with course fees
- A community of engaging peers
- Discounted rates at the Aztec Recreation Center, local theaters, museums, cultural facilities, and more (with SDSUcard)
- SDSU Love Library privileges
- Free admission to all regular season Aztec athletic events (with SDSUcard)
- Amazon Prime student rate (\$59 versus \$119 per year)
- Connection to the academic and cultural resources at San Diego State University
- Engaging leadership and volunteer opportunities



Offerings at Osher Institute at SDSU

All offerings are held in the Gateway/Extended Studies Center unless otherwise noted.

- **Course** | 2–6 weeks, 2–3-hour meeting, once per week | Fee: Free–\$69
- **Book Club** | 1-day, 1.5-hour meeting | Fee: \$7
- **Lecture** | 1-day, 2-hour meeting | Fee: Free–\$15
- **Edventure** | 1-day, 2–2.5-hour meeting | Fee: \$15–\$39
- **Special Event** | 1-day, 2–3-hour meeting | Fee: Free–\$19

MONDAY				
Osher Institute Offering	Instructor	Date	Time	Page
Four-Week Course: Cross-Cultural Communication: Living in a Global Village	Alejandro Castañeda	2/11–3/4	9–10:50 am	7
Six-Week Course: The Perennial Philosophy Section 1	Peter Bolland	2/11–3/18	3–4:50 pm	7
Lecture: Trade Deficit versus Surplus: Definitions, Truths, and Myths	Jaemin Kim	2/25	1–2:50 pm	18
Six-Week Course: California History Since the Gold Rush	John Putman	3/4–4/15 No class on 4/1	1–2:50 pm	9
Three-Week Course: Was Alexander Great?	Patricia Dintrone	3/11–3/25	11 am–12:50 pm	10
Six-Week Course: The Perennial Philosophy Section 2	Peter Bolland	3/25–5/6 No class on 4/1	3–4:50 pm	7
Two-Week Course: Never Trust Anyone Under 40!	Denny Braun	4/8 & 4/15	9–10:50 am	13
Four-Week Course: Bach's World	Alexander Greenbaum	4/8-4/29	11 am–12:50 pm	13
Four-Week Course: How the French and Indian War and Three Founding Fathers Shaped Our Nation	Blaine Davies	4/22–5/13	9–10:50 am	14
Edventure: The Culture and Cuisine of England	Susan McBeth	5/6	11 am–1 pm	25
TUESDAY				
Four-Week Course: Become a National Park Insider	Constantine Dillon	2/19–3/12	9–10:50 am	8
Special Event: SDSU Love Library Discovery Session and Tour (Membership not required)	Gloria Rhodes	2/19	11 am–12:50 pm	26
Three-Week Course: How Does Migration Feel? A Psychology of Immigrants and Migration	Oliva Espín	2/26–3/12	11 am–12:50 pm	9
Five-Week Course: Talmudic Solutions to Modern Conundrums	Rafi Andrusier	3/19–4/16	9–10:50 am	10
Lecture: Writing and Making a Sci-Fi Comedy: How <i>Attack of the Killer Tomatoes</i> Came to Be	Constantine Dillon	3/19	11 am–12:50 pm	20
Lecture: 8,000 Days of Retirement	Beth Misak	3/26	11 am–12:50 pm	21
Two-Week Course: <i>Carmen</i> Live at the San Diego Opera (Includes option to attend the opera)	Francis Thumm	3/26 & 4/9	3/26: 12–1:50 pm 4/9: 11 am–12:50 pm	12
Five-Week Course: Women Saints: What We Can Learn from Them	Oliva Espín	4/2–4/30	9–10:50 am	13
Edventure: Discover the Old West and the History of San Diego	Susan McBeth	4/2	10 am–12 pm	25
Five-Week Course: The Arts of the Middle Ages	Douglas Barker	4/9–5/7	1–2:50 pm	14
Edventure: 10,000 Years: The Archaeological Record of San Diego	Cindy Stankowski	4/16	11 am–12:50 pm	25
Two-Week Course: Middle East: Never-Ending Conflicts?	Farouk Al-Nasser	4/23 & 4/30	9–10:50 am	15

TUESDAY (cont.)

Osher Institute Offering	Instructor	Date	Time	Page
Lecture: Advance-Care Planning at Any Age	Catherina Madani	5/7	11 am–12:50 pm	23
Lecture: California: Hotbed for Sexual Trafficking of Children	Anzette Shackelford	5/7	4–5:50 pm	23

WEDNESDAY

Six-Week Course: Women, Health, and Healing	Susan Cayleff	2/13–3/20	9–10:50 am	8
Lecture: The Mexican-American War and How It Shaped Two Nations	Blaine Davies	2/20	11 am–12:50 pm	18
Lecture: Repacking Relationships as We Age	Virginia Berger	3/6	11 am–12:50 pm	18
Book Club: 2018 One Book, One San Diego: <i>March – Book One</i>	Kathi Diamant	3/6	1–2:30 pm	16
Edventure: College Area Community Garden Tour	Carolyn Sanders	3/13	11 am–1:30 pm	24
Lecture: A Primer for Retirement and Investment Basics: Outlook & Opportunities: Standing Guard: Protect What You’ve Worked For Part 1	Robert Shultz	3/13	1–2:50 pm	19
Lecture: A Primer for Retirement and Investment Basics: Outlook & Opportunities: Separating the Noise from the Signal Part 2	Robert Shultz	3/20	1–2:50 pm	19
Three-Week Course: Aggression and Human Nature	Bruno Leone	3/20–4/3	1–2:50 pm	11
Special Event: OLLI Café (Membership not required)	Staff and Volunteers	3/27	10–11:50 am	26
Two-Week Course: Toxic Products: From Inconvenience to Disaster	Nadine Bopp	4/24 & 5/1	1–2:50 pm	15
Lecture: San Diego’s Forgotten “Garden of the Dead” (Includes optional tour)	Alexander D. Bevil	5/8	10–11:50 am	24

THURSDAY

Four-Week Course: Politics Goes to the Movies	Howard Wayne	2/7–3/7 No class on 2/28	10 am–12:50 pm	6
Two-Week Course: Hitchcock: The Films and the Man	Robert Jordan	2/21 & 2/28	11 am–12:50 pm	9
Lecture: Kate Sessions' World Wide Web of Horticulture	Nancy Carol Carter	3/7	11 am–12:50 pm	19
Three-Week Course: Exploring Ethics in Psychology Research: Past, Present, and Future	Kristen Breit	3/14–3/28	11 am–12:50 pm	10
Two-Week Course: <i>My Architect</i> : Film Screening and Tour of the Salk Institute	Mark Freeman	3/21 & 3/28	3/21: 1–3:50 pm 3/28: 11 am–1:15 pm	12

THURSDAY (cont.)				
Osher Institute Offering	Instructor	Date	Time	Page
Lecture: The Army's Benevolence in San Diego's Naval Disaster: The 1905 Explosion of USS <i>Bennington</i>	Karen Scanlon	4/11	10–11:50 am	22
Four-Week Course: 18th Century America: A Bicoastal Perspective	George Gastil	4/18–5/9	3:30–5:20 pm	14
Lecture: Lighthouses of San Diego (Includes optional tour)	Kim Fahlen and Karen Scanlon	4/25	11 am–12:50 pm	22
Special Event: Speakers' Bureau Training (Membership not required)	Kathi Diamant	4/25	10 am–1 pm	27
Two-Week Course: Trustee and Power of Attorney School: Duties and Responsibilities of Fiduciaries and Agents	Oleg Cross	4/25 & 5/2	1–2:50 pm	16
FRIDAY				
Special Event: Spring Kickoff Event (Includes optional tour of campus; membership not required)	Staff and Volunteers	2/1	9:30 am–12:30 pm	26
Six-Week Course: The Pictorial Radicalism of Early 20th Century Art	Damon Hitchcock	2/8–3/15	9–10:50 am	6
Five-Week Course: The Supreme Court's Landmark Decisions: Their Context and Enduring Legacy	Glenn Smith	2/8–3/8	11 am–12:50 pm	6
Lecture: The San Andreas Fault: So Near and So Silent	Isabelle SacramentoGrilo	2/8	2–3:50 pm	17
Five-Week Course: Ethics	Matthew Wion	2/15–3/15	2–3:50 pm	8
Six-Week Course: Mid-20th Century Art in Europe and America	Damon Hitchcock	3/22–4/26	9–10:50 am	11
Five-Week Course: Equality, Fairness, Liberty, and the Constitution	Glenn Smith	3/22–4/26 No class on 4/19	11 am–12:50 pm	11
Six-Week Course: 1968: A Pivotal Year as Captured on Film	Rebecca Romani	3/22–4/26	1–3:50 pm	12
Lecture: Qi Gung for Health	Glen Clabaugh	3/29	1–2:50 pm	21
Lecture: Satan Made Me Do It! The Source of Evil in the Old Testament	John Spencer	4/26	1–2:50 pm	23
Book Club: <i>Jane Eyre</i>	Karen Kenyon	5/3	10–11:30 am	16
Lecture: Death-Penalty Cases in a Traffic-Court Setting	Jennifer Gonzalez	5/10	1–2:50 pm	24

SATURDAY

Osher Institute Offering	Instructor	Date	Time	Page
Lecture: Detecting Deception: Reading People and Judging Credibility	Wendy Patrick	2/9	9–10:50 am	17
Lecture: Effectively Dealing with Difficult People	Wendy Patrick	2/9	11:30 am–1:30 pm	17
Lecture: Walking the Camino: A Pilgrimage across Northern Spain	Amanda Schaffer	3/16	10–11:50 am	20
Special Event: Conversations Worth Having: Animals and Us	Kathi Diamant	4/13	9 am–12 pm	27

Be an Osher Volunteer

Volunteers are crucial to society, and they're the backbone of Osher at SDSU. We welcome your energy, enthusiasm, and fresh ideas; and you'll appreciate the sense of ownership. Your skills and interests are unique, and we would love to match you with the perfect role to spread the word about the intellectually and socially uplifting Osher community.

Consider Joining or Chairing a Committee or Group

Time commitment is 1–3 hours per week



- **Curriculum Committee** – Recruit new instructors and assist in selecting curriculum each semester.
- **Membership Committee** – Develop strategies to recruit and retain members. This includes greeting and welcoming new students, nurturing member relationships, assisting with annual member meetings, and developing member surveys.
- **Marketing Team** – Increase visibility of Osher through outreach, community partnerships, and social media.
- **Event Planning Team** – Help plan events such as the Kickoff Event, and OLLI Café.
- **Speakers' Bureau** – Represent Osher at local organizations and communities in an effort to raise awareness and increase membership.
- **Administrative Support** – Assist with day-to-day operations such as creating class packets, sending welcome letters to new members, summarizing course evaluations, and sending course-reminder emails to students and instructors.
- **Classroom Ambassador** – Welcome students, introduce instructors, and ensure classes run smoothly. Serve as liaison between the Institute and classmates, disseminate information, and motivate peers to get involved.
- **Fundraising Team** – In collaboration with SDSU University Relations and Development, develop and implement strategies to assist in achieving annual fundraising goals.

For more information, please call (619) 594-2863 or email osher@sdsu.edu.

Politics Goes to the Movies

Politics is a favorite subject of movies, but movies, in turn, affect how we view politics. In some cases, they even drive events. In 1998, while facing impeachment, President Clinton contemplated a strike on Al Qaeda. At the time, the movie *Wag the Dog* — about a scandal-ridden president who starts a war to detract attention — was in theaters. As a result, his missile strikes in Afghanistan were criticized as “wag the dog.” We’ll analyze movies based on the politics of the time, and what they tell us about civic affairs and ourselves. Bring popcorn and your thinking cap!
Format: 35% Interactive discussion, 65% Film viewings



Instructor: Howard Wayne, J.D.

Dates: Thursdays, Feb. 7–March 7, 10 am–12:50 pm
 (No class on Feb. 28)

Schedule No: 19SP 99802 OF

Fee: \$69

Registration Deadline: Feb. 7

The Pictorial Radicalism of Early 20th Century Art

Explore the tremendous growth and change that characterized the early 20th century, stimulating an abundance of unorthodox reformers who challenged the conventions of western art. We’ll look at the emotional extremes of Matisse and Picasso, the varied works of the German Expressionists, the order and control of Cubism and its influence on Mondrian, and the powerful female assertiveness in the works of Kathe Kollwitz and Gabriele Münter. We’ll also look at the uproar caused by the 1913 New York Armory Show as the United States emerged into the modern era.
Format: 70% Lecture, 20% Interactive discussion, 10% Hands-on activity



Instructor: Damon Hitchcock, M.A.

Dates: Fridays, Feb. 8–March 15, 9–10:50 am

Schedule No: 19SP 99803 OF

Fee: \$69

Registration Deadline: Feb. 8

The Supreme Court’s Landmark Decisions: Their Context and Enduring Legacy

What makes a Supreme Court decision worthy of the title “landmark”? Is it typically perceived as such at the time of its issuance? Can a landmark decision move the law backward or is the name reserved for decisions that expand rights and liberties? We’ll explore key constitutional law decisions on a variety of momentous controversies, with a focus on the few that made a lasting contribution to questions of governmental power, individual liberties, and fundamental rights. Become a better consumer of news and opinions by the media, political officials, and your fellow Americans.
Format: 75% Lecture, 25% Interactive discussion



Instructor: Glenn Smith, J.D., LL.M.

Dates: Fridays, Feb. 8–March 8, 11 am–12:50 pm

Schedule No: 19SP 99804 OF

Fee: \$55

Registration Deadline: Feb. 8

Cross-Cultural Communication: Living in a Global Village

Just as cultures vary, behavior varies across cultures. We'll explore the basic dimensions that differentiate cultures, how people see themselves, individualism versus collectivism, and the characteristics most often associated with Americans by people of other nations. We'll also look at the root causes of communication breakdowns across cultures: perception, stereotyping, and ethnocentrism. Learn how to lead a more culturally advanced life, and have a more rich experience when traveling abroad.

Format: 30% Lecture, 30% Interactive discussion, 20% Hands-on activity, 20% Demonstration

Instructor: Alejandro Castañeda, M.A.

Dates: Mondays, Feb. 11–March 4, 9–10:50 am

Schedule No: 19SP 99808 OF

Fee: \$45

Registration Deadline: Feb. 11



The Perennial Philosophy

Have you ever marveled at the uncanny similarities between the world's many wisdom traditions? Borrowing the title from Aldous Huxley's influential 1945 book, but going far beyond where Huxley left off, this course is the search for the "perennial philosophy," that small set of timeless, universal principles found beneath the surface of the world's many religious and philosophical traditions. We will search across cultures and through the centuries for evidence that a perennial philosophy exists, and explore the possibility that we too can access this unifying wisdom through our own direct experience.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Peter Bolland, M.A.

SECTION 1

Dates: Mondays, Feb. 11–March 18, 3–4:50 pm

Schedule No: 19SP 99809 OF

Fee: \$69

Registration Deadline: Feb. 11

SECTION 2

Dates: Mondays, March 25–May 6, 3–4:50 pm
(No class on April 1 — Cesar Chavez Day observed)

Schedule No: 19SP 99838 OF

Fee: \$69

Registration Deadline: March 25



Women, Health, and Healing

Why were so many midwives accused of witchcraft in Salem, MA in 1692? What herbal knowledge did Colonial women use to treat their families? Why did the AMA work to eradicate the effective services of ethnic midwives? How were women's bodies (puberty, menstruation, childbirth, and menopause) pathologized by mainstream medical practitioners? We'll explore cultural, religious, and legal beliefs about women's bodies in specific time periods; and how social class, race, and marital status impacted those views. We'll analyze and discuss crucial issues in Women's Studies while reclaiming our past.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Susan Cayleff, Ph.D.

Dates: Wednesdays, Feb. 13–March 20, 9–10:50 am

Schedule No: 19SP 99811 OF

Fee: \$69

Registration Deadline: Feb. 13

Ethics

What makes our actions right or wrong? Why are some actions considered good and others bad? We'll examine several important theories of ethics that attempt to answer these questions. Learn the basic Ethical Theories of Western Philosophy. Examine arguments for those theories, and consider the objections.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Matthew Wion, Ph.D.

Dates: Fridays, Feb. 15–March 15, 2–3:50 pm

Schedule No: 19SP 99812 OF

Fee: \$55

Registration Deadline: Feb. 15

Become a National Park Insider

Did you know there are more than 400 parks in the National Park System? Have you ever wondered how a place becomes a park, what it takes to manage one, or why there are so many different types? Take a behind-the-scenes look at national parks as we reveal the laws, regulations, policies, and practices of managing these special places of American nature and history. Explore famous and lesser-known parks and prepare yourself for your next visit with a better understanding of fees, costs, lodging and camping opportunities, reservation systems, and best times to visit.

Format: 75% Lecture, 25% Interactive discussion



Instructor: Constantine Dillon, M.P.A.

Dates: Tuesdays, Feb. 19–March 12, 9–10:50 am

Schedule No: 19SP 99813 OF

Fee: \$45

Registration Deadline: Feb. 19

Hitchcock: The Films and the Man

Hitchcock is the master of suspense. His films continue to be popular and fascinating even in the 21st century. What ideas and major themes did he use, and how do they still connect with us today? Discover what made this legendary filmmaker tick, and view excerpts from several of his classic films to see how he expressed himself. Also learn the meaning of Hitchcock's term, "MacGuffin."

Format: 40% Lecture, 10% Interactive discussion, 50% Film screenings



Instructor: Robert Jordan

Dates: Thursdays, Feb. 21 & Feb. 28, 11 am–12:50 pm

Schedule No: 19SP 99816 OF

Fee: \$35

Registration Deadline: Feb. 21

How Does Migration Feel? A Psychology of Immigrants and Migration

Immigration is a hot topic, but the individual experience of immigrants may be lost in the political discussions. What is the psychological impact of migration on the lives of immigrants? What makes a person decide to leave their country while others in similar circumstances stay? How does it feel to migrate to another country? What is the impact of intersections of gender, race, class, ethnicity, age, education and sexual orientation on the experience of migration? We'll explore some answers to these questions that go beyond political points of view.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Oliva M. Espín, Ph.D.

Dates: Tuesdays, Feb. 26–March 12, 11 am–12:50 pm

Schedule No: 19SP 99817 OF

Fee: \$40

Registration Deadline: Feb. 26

California History Since the Gold Rush

Ever wondered about the origin and basis for the California Dream? Why has this idea persisted for more than a century? We'll explore key moments in California's history from the late 19th century to the present, and the state's impact on the nation's social, cultural, political, and economic landscape. In particular, we'll explore efforts to re-imagine the state after the Gold Rush, the rise of Southern California, Hollywood, WWII, the turbulent '60s, and contemporary issues like water and the environment.

Format: 80% Lecture, 20% Interactive discussion



Instructor: John Putman, Ph.D.

Dates: Mondays, March 4–April 15, 1–2:50 pm
(No class on April 1 — Cesar Chavez Day observed)

Schedule No: 19SP 99818 OF

Fee: \$69

Registration Deadline: March 4

Was Alexander Great?

In this exploration of Alexander the Great's life, we will examine critical points in his career to try to understand this celebrated yet enigmatic figure. Learn how to analyze contradictory and incomplete information, and how to approach the concept of "greatness" in a person. You will have the opportunity to construct your own view of Alexander and his accomplishments, to answer the title question.

Format: 65% Lecture, 35% Interactive discussion



Instructor: Patricia Dintrone, Ph.D.

Dates: Mondays, March 11–25, 11 am–12:50 pm

Schedule No: 19SP 99822 OF

Fee: \$40

Registration Deadline: March 11

Exploring Ethics in Psychology Research: Past, Present, and Future

If we assume ethics and research have always gone hand-in-hand, history suggests otherwise. We'll look at the Stanford Prison Experiment and the Milgram Authority Experiment, which helped us learn more about the human psyche but had unexpected and disastrous consequences for those involved. We'll discuss the importance of ethics in research; how research is responsibly designed, conducted, and translated to the public; and how researchers are continually trying to improve their ethical standards while still gaining a better understanding of human behavior.

Format: 65% Lecture, 35% Interactive discussion



Instructor: Kristen Breit, Ph.D.

Dates: Thursdays, March 14–28, 11 am–12:50 pm

Schedule No: 19SP 99824 OF

Fee: \$40

Registration Deadline: March 14

Talmudic Solutions to Modern Conundrums

Apply brain-twisting Talmudic reasoning to solve real-life modern dilemmas—situations that actually happened yet seem impossible to solve. Is it ever acceptable to take the law into your own hands? If you unscrewed the winning soda cap while dining at a friend's house, who has the right to claim the prize? Should Pokémon Go programmers be liable for damages incurred by the actions of private gamers? With these and many more examples, this course is a mental expedition of choosing between two reasonable truths.

Format: 50% Lecture, 50% Interactive discussion



Instructor: Rafi Andrusier, M.A.

Dates: Tuesdays, March 19–April 16, 9–10:50 am

Schedule No: 19SP 99827 OF

Fee: \$55

Registration Deadline: March 19

Aggression and Human Nature

In the past 3,000 years, why have only about 200 been without war? The history of humanity reveals an endless stream of aggression by individuals and nations. In fact, the frequency and severity of human aggression would lead many to conclude that it's indelibly stamped on the human genome. The controversy generated by this issue, and most other debates on human behavior, involves this single, critical question: Are people the product of their genes or their environment? Most students are shocked by what many of history's great minds have opined on this topic.

Format: 85% Lecture, 15% Interactive discussion



Instructor: Bruno Leone, M.A.

Dates: Wednesdays, March 20–April 3, 1–2:50 pm

Schedule No: 19SP 99830 OF

Fee: \$40

Registration Deadline: March 20

Mid-20th Century Art in Europe and America

After World War I, the idea that art could play a central role in bringing about a better society became a collective endeavor among artists, designers, and architects. See how visual artists portrayed the realities of the era, the Depression years, and World War II, by developing a modernist language of Art Deco, Precisionism, and Social Realism. Experience an in-depth study of such artists as Edward Hopper, Charles Sheeler, and Georgia O'Keeffe; the Bauhaus architects and Frank Lloyd Wright; Regionalists Grant Wood and Thomas Hart Benton; and the symbolic paintings of Diego Rivera and Frida Kahlo.

Format: 70% Lecture, 20% Interactive discussion, 10% Hands-on activity



Instructor: Damon Hitchcock, M.A.

Dates: Fridays, March 22–April 26, 9–10:50 am

Schedule No: 19SP 99832 OF

Fee: \$69

Registration Deadline: March 22

Equality, Fairness, Liberty, and the Constitution

Learn how the U.S. Constitution protects—and fails to protect—against discriminatory, arbitrary, or liberty-invading governmental action. With a focus on the Constitution's Equal Protection and Due Process guarantees, we'll look at key decisions by the Supreme Court and other government officials about the meaning of these fundamental rights. We'll explore affirmative action, and whether such programs undermine or further equality; when governments must give notice and fair procedure before taking away drivers' licenses and other government benefits; why only some privacy rights are strongly protected; and much more.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Glenn Smith, J.D., LL.M.

Dates: Fridays, March 22–April 26, 11 am–12:50 pm
(No class on April 19)

Schedule No: 19SP 99833 OF

Fee: \$55

Registration Deadline: March 22

1968: A Pivotal Year as Captured on Film

The Tet offensive. The assassinations of Martin Luther King Jr. and Robert F. Kennedy. Olympic protests. Apollo 8. The year 1968 remains one of the most tumultuous in history, and we'll explore how its major events are remembered by their respective cultures, and discuss our own memories of these events. We'll look at some of the more important films of 1968 and analyze how they reflect their time and continue to influence our current era. In addition, we'll discuss a variety of texts that look at these events from a socio-cultural position.

Format: 25% Lecture, 30% Interactive discussion, 45% Film screenings

Instructor: Rebecca Romani, M.A.

Dates: Fridays, March 22–April 26, 1–3:50 pm

Schedule No: 19SP 99834 OF

Fee: \$69

Registration Deadline: March 22



My Architect: Film Screening and Tour of the Salk Institute

Filmmaker Nathaniel Kahn is the son of Louis Kahn, a pre-eminent 20th century American architect. *My Architect* is Nathaniel's attempt to come to terms with his father's personal and professional legacy. Examining this film and excerpts from other "father/son" films, documentary filmmaker Mark Freeman considers the architecture of filmmaking. The class offers fresh insights into the creative process and the complexity of family dynamics. See how an architect and filmmakers work to bring their visions to life. The second class session is a guided tour of the Salk Institute in La Jolla, one of Louis Kahn's greatest achievements. It includes an opportunity to meet with a Salk scientist. Students are encouraged to consider how a sense of place informs the innovative research taking place in the laboratories designed by Kahn.

Format: 30% Lecture, 20% Interactive discussion, 50% Film viewing

Instructor: Mark Freeman

Date: Thursday, March 21, 1–3:50 pm

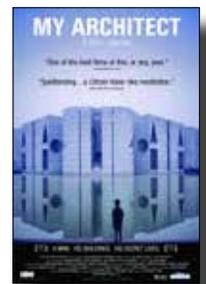
Tour of the Salk Institute:

Thursday, March 28, 11 am–1:15 pm

Schedule No: 19SP 99831 OF

Fee: \$49

Registration Deadline: March 21



Carmen Live at the San Diego Opera

No one got involved with Carmen without being wounded. Opera's most famous heroine was also the sexiest and most puzzling in a world of emotional heavyweights. This course will explore Bizet's masterpiece — the origin of the story; a performance history of famous Carmens; and the musical construction itself, bringing us closer to the dramatic power of this timeless story of seduction, murder, and betrayal. You also have the option to attend a live performance of *Carmen* by the San Diego Opera at Civic Theater. Please purchase your tickets (choose from four dates) at www.sdopera.org/francisthumm_osher. Your Osher at SDSU discount will already be applied. All are welcome to attend the optional post-show discussion (see below).

Format: 60% Lecture, 10% Interactive discussion, 20% Hands-on activity, 10% Demonstration

Instructor: Francis Thumm, M.A.

Date: Tuesday, March 26, 12–1:50 pm

Optional post-show discussion:

Tuesday, April 9, 11 am–12:50 pm

Schedule No: 19SP 99837 OF

Fee: \$15

Registration Deadline: March 26



Women Saints: What We Can Learn from Them

What can Joan of Arc, Rose of Lima, Theresa of Avila, and other women saints teach us regardless of our religious background? Their life stories have provided inspiration for men and women for centuries. Their strategies of resistance and accommodation to authority and normative women's roles are still relevant today despite their different historical and cultural contexts. Their involvement in the political and socio-cultural realities of their time reveal characters very different from the trite depiction of saints as silent and submissive. We'll look at the lives and writings of some remarkable women who can still be role models for 21st century men and women seeking answers for present-day questions.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Oliva M. Espín, Ph.D.

Dates: Tuesdays, April 2–30, 9–10:50 am

Schedule No: 19SP 99840 OF

Fee: \$55

Registration Deadline: April 2

Never Trust Anyone Under 40!

The rallying cry of baby boomers in the 1960s was “Never trust anyone over 30!” Have the tables turned? Is it the millennial generation (23- to 38-year-olds) that boomers must now worry about as the pressure builds for millennials to re-allocate resources away from the elderly? What are millennials like, and how different are they from prior generations? (Hint: VERY). What may occur as this next generation, already larger than the baby boom cohort (born 1946–1964), assumes economic and political command of our nation in the next couple of decades?

Format: 70% Lecture, 30% Interactive discussion



Instructor: Denny Braun, Ph.D.

Dates: Mondays, April 8 & 15, 9–10:50 am

Schedule No: 19SP 99841 OF

Fee: \$35

Registration Deadline: April 8

Bach's World

Explore the life and works of Johann Sebastian Bach, one of history's foremost musical geniuses. We'll delve into the musical masterpieces of one of the most celebrated composers of all time, with live performances, audio, and visual examples. You'll learn the stories behind the creation of Bach's sacred and secular works, and the historical context in which they were created. Gain an appreciation for some of the greatest music ever written, and the lasting effect of Bach on the future of classical music.

Format: 50% Lecture, 20% Interactive discussion, 30% Demonstration (audio, video, and live performance)



Instructor: Alexander Greenbaum, M.A.

Dates: Mondays, April 8–29, 11 am–12:50 pm

Schedule No: 19SP 99846 OF

Fee: \$45

Registration Deadline: April 8

The Arts of the Middle Ages

Are you fascinated by the Middle Ages? Love great medieval cathedrals? Plan on traveling in Italy, France, England, or Germany? This course will introduce you to numerous treasures of art: Early Christian and Byzantine churches and mosaics, Celtic and Viking illuminated manuscripts and high crosses, Romanesque basilicas, and magnificent Gothic cathedrals (think Chartres!). Don't miss this exciting journey with art historian Douglas Barker through an outstanding period in the history of art.

Format: 90% Lecture, 10% Interactive discussion

Instructor: Douglas Barker, M.A.

Dates: Tuesdays, April 9–May 14, 1–2:50 pm

Schedule No: 19SP 99842 OF

Fee: \$55

Registration Deadline: April 9



18th Century America: A Bicoastal Perspective

American history in the 1700s usually focuses on events in the Thirteen Colonies, such as the Great Awakening, the Seven Years War (French and Indian War), and the Revolution. California history, however, tends to emphasize Spanish missions and presidios, and their impact on native cultures. How can we combine these contemporaneous narratives into a more complete picture of 18th century America? Using sources including film and literature, we will examine how various U.S. events are connected to larger global trends in Europe and North America.

Format: 40% Lecture, 50% Interactive discussion, 10% Film clip viewing

Instructor: George Gastil, M.A.

Dates: Thursdays, April 18–May 9, 3:30–5:20 pm

Schedule No: 19SP 99850 OF

Fee: \$45

Registration Deadline: April 18



How the French and Indian War and Three Founding Fathers Shaped Our Nation

The British victory in the French and Indian War triggered a series of events that led to the American Declaration of Independence, the Revolutionary War, and ultimately the birth of our nation. In the first of four lectures, we'll explore the French and Indian War and the events leading to American independence. In the following three lectures, we'll examine the lives of George Washington, Alexander Hamilton, and Thomas Jefferson, and the critical roles these Founding Fathers played in shaping our nation. This includes their contribution to the Declaration of Independence, the Revolutionary War, and the Constitutional Convention.

Format: 95% Lecture, 5% Interactive discussion

Instructor: Blaine Davies, M.A.

Dates: Mondays, April 22–May 13, 9–10:50 am

Schedule No: 19SP 99851 OF

Fee: \$45

Registration Deadline: April 22



Middle East: Never-Ending Conflicts?

Expand your understanding of the history, culture, and politics of the Middle East. Topics include how the 2003 invasion of Iraq changed the geopolitics of the region for generations in ways no one predicted; the dramatic increase of Iranian influence, leading to a bitter rivalry with Saudi Arabia; catastrophic proxy wars in Syria and Yemen; the death and displacement of millions; and Saudi Crown Prince Muhammad Bin Salman's quest to remake the Middle East. Instructor Farouk Al-Nasser was born, raised, and educated in the region and has frequent contacts with family and friends in Iraq, Jordan, Tunisia, and the U.A.E.

Format: 90% Lecture, 10% Interactive discussion



Instructor: Farouk Al-Nasser, Ph.D.

Dates: Tuesday, April 23 & 30, 9–10:50 am

Schedule No: 19SP 99852 OF

Fee: \$35

Registration Deadline: April 23

Toxic Products: From Inconvenience to Disaster

Toxicology is the study of chemicals that can cause problems for living things — from humans, pets, and livestock, to microbes living in soil or a pond. The problems can range from mild skin irritation to death. We'll trace the history of toxic chemicals — which begins with cave dwellers who identified poison plants and animals, to today's lucrative field of industrial chemistry. Learn how to differentiate between hazardous and toxic chemicals, and acute or chronic exposure; which common products are most toxic; how to use smartphone apps to ID toxic chemicals; and how to ID products that are safe for all living organisms.

Format: 60% Lecture, 25% Interactive discussion, 15% Demonstration



Instructor: Nadine Bopp, M.A.

Dates: Wednesdays, April 24 & May 1, 1–2:50 pm

Schedule No: 19SP 99854 OF

Fee: \$35

Registration Deadline: April 24

Trustee and Power of Attorney School: Duties and Responsibilities of Fiduciaries and Agents

You were named as trustee or power of attorney by a friend or relative. Now what? Those named to take care of the affairs of others after death or incapacity are often in the dark about their responsibilities when the time comes. This can lead to anxiety, confusion, and costly mistakes. Join us with your children at this one-of-a-kind school. This is serious education for those who are serious about this important topic. Graduates will learn when to act, what to do as a fiduciary or agent, and how to do it.

Format: 70% Lecture, 30% Interactive discussion



Instructor: Oleg Cross

Dates: Thursdays, April 25 & May 2, 1–2:50 pm

Schedule No: 19SP 99856 OF

Fee: Free

Registration Deadline: April 25

BOOK CLUBS | OSHER INSTITUTE AT SDSU | SPRING 2019

2018 One Book, One San Diego: *March – Book One*

One Book, One San Diego is our region's premiere literary program, presented in partnership with KPBS and over 80 public libraries, service organizations, and educational institutions. Now in its 12th year, the program brings our community closer together through the shared experience of reading and discussing the same book. The first in a series of three, *March: Book One* — a graphic memoir by Congressman John Lewis, Andrew Aydin, and Nate Powell — is a vivid first-hand account of the early life of Civil Rights icon John Lewis (including meeting Martin Luther King Jr.) and the birth of the Nashville Student Movement.

Format: 10% Lecture, 90% Interactive Discussion



Facilitator: Kathi Diamant

Date: Wednesday, March 6, 1–2:30 pm

Schedule No: 19SP 99820 OF

Fee: \$7

Registration Deadline: March 6

Jane Eyre

In a combined reading of Karen Kenyon's *The Bronte Family: Passionate Literary Geniuses* and Charlotte Bronte's *Jane Eyre*, we'll explore how Bronte's life intersected with one of her most famous novels. We'll also connect the events of Jane's journey with the classic journey of the hero(ine). Learn how the life of the author can be utilized in a work of fiction.

Format: 25% Lecture, 50% Interactive Discussion, 25% Hands-on activity



Facilitator: Karen Kenyon, M.A.

Date: Friday, May 3, 10–11:30 am

Schedule No: 19SP 99858 OF

Fee: \$7

Registration Deadline: May 3

The San Andreas Fault: So Near and So Silent

What is the San Andreas Fault? Why is it here? What can it do to us when it moves? Discover why California is tectonically active, and how to mitigate the natural hazards we face in the San Diego region. Learn how to recognize the types of plate boundaries and geological hazards, their relative strengths and special distribution in California, and how they interact with humans. We will specifically explore the type and strength of the tectonic boundary here in San Diego.

Format: 70% Lecture, 30% Interactive discussion

Instructor: Isabelle SacramentoGrilo, M.S.

Date: Friday, Feb. 8, 2–3:50 pm

Schedule No: 19SP 99805 OF

Fee: \$15

Registration Deadline: Feb. 8



Detecting Deception: Reading People and Judging Credibility

In an entertaining and interactive format, learn how to spot deception within a broad spectrum of personality types, in a variety of situations. This course uses scientific research to demonstrate the most effective techniques in judging credibility. Learn how to perceive inconsistencies between language, behavior, voice, and appearance; and how to determine which information is most reliable. Recognize and resist using stereotypes when assessing credibility.

Format: 60% Lecture, 20% Interactive discussion, 10% Hands-on activity, 10% Demonstration

Instructor: Wendy L. Patrick, J.D., Ph. D.

Date: Saturday, Feb. 9, 9–10:50 am

Schedule No: 19SP 99806 OF

Fee: \$15

Registration Deadline: Feb. 8



Effectively Dealing with Difficult People

Enhance your ability to communicate with a wide variety of difficult people by altering the way you perceive and respond to temperament and behavior. This program applies the techniques and methods discussed in two of Dr. Patrick's books, *Reading People* and *Red Flags*. Learn how to recognize patterns in behavior that reveal underlying agendas, fears, and concerns; and how to respond accordingly. This includes proactively establishing common ground with challenging people to facilitate bonding and build trust.

Format: 60% Lecture, 20% Interactive discussion, 20% Demonstration

Instructor: Wendy L. Patrick, J.D., Ph. D.

Date: Saturday, Feb. 9, 11:30 am–1:30 pm

Schedule No: 19SP 99807 OF

Fee: \$15

Registration Deadline: Feb. 8



The Mexican-American War and How It Shaped Two Nations

California and the southwest United States became U.S. territory following the Mexican War, or as some Mexicans refer to it, the “war where you stole our country.” The Treaty of Guadalupe Hidalgo cost Mexico over half of its territory, while transforming the United States into a bicoastal country. Was it a war justified by “manifest destiny” and Mexican transgressions or was it essentially a land grab? Professor Blaine Davies explores the causes, the battles, and the aftermath of the Mexican War, including the Battle of San Pasqual, the biggest battle of the Mexican War fought in California.
Format: 95% Lecture, 5% Interactive discussion



Instructor: Blaine Davies, M.A.
Date: Wednesday, Feb. 20, 11 am–12:50 pm

Schedule No: 19SP 99815 OF
Fee: \$15
Registration Deadline: Feb. 20

Trade Deficit versus Surplus: Definitions, Truths, and Myths

In recent years, the words “trade deficit” have been frequently used in the political arena and mass media. In layman terms, based on current events, this lecture will cover the truths and myths of trade deficit and surplus, and whether they are “good” or “bad.” Gain a better understanding of the implications of trade policies.
Format: 60% Lecture, 40% Interactive discussion



Instructor: Jaemin Kim, Ph.D.
Date: Monday, Feb. 25, 1–2:50 pm

Schedule No: 19SP 99867 OF
Fee: \$15
Registration Deadline: Feb. 25

Repacking Relationships as We Age

Research confirms what we already know intuitively — strong relationships are the key to healthy aging. Whether married or single, with or without children, surrounded by a large social network or just a few friends, how we connect with others as we transition into this new phase of our lives will play a major role in the well-being of our bodies and minds. This is an ideal time to ask courageous questions about our current relationships. Learn how to assess them, let go of draining ones, and cultivate positive ones. Leave with a vision and plan for creating nourishing, loving connections.
Format: 50% Lecture, 30% Interactive discussion, 20% Hands-on activity



Instructor: Virginia Berger, M.A.
Date: Wednesday, March 6, 11 am–12:50 pm

Schedule No: 19SP 99819 OF
Fee: \$15
Registration Deadline: March 6

Kate Sessions' World Wide Web of Horticulture

Have you ever noticed the statue of Kate O. Sessions in Balboa Park? She is locally known as “the Mother of Balboa Park,” but this pioneering businesswoman was internationally famous. Learn how this small-town nursery owner and garden designer became the only woman in 60 years to win a Meyer Medal for horticultural achievement. Also meet a cast of leading horticulturalists with whom Sessions networked. This course is based on a lecture that was presented at the Huntington Library in San Marino, and includes new research on Sessions.
Format: 90% Lecture, 10% Interactive discussion



Instructor: Nancy Carol Carter, M.S., M.L.S., J.D.
Date: Thursday, March 7, 11 am–12:50 pm

Schedule No: 19SP 99821 OF
Fee: \$15
Registration Deadline: March 7

A Primer for Retirement and Investment Basics

Gain a greater understanding of the risks that could impact your finances, and learn strategies to create a foundation to protect retirement income against unexpected events. **Part 1 | Standing Guard: Protect What You've Worked For.** Learn strategies to help guard valuable assets and your pre- and post-retirement income. We'll discuss withdrawal strategies, the impact of longevity and inflation, and rising long-term care and health-care costs. **Part 2 | Outlook & Opportunities: Separate the Noise from the Signal.** With information that is updated quarterly, we'll explore today's stock market volatility and opportunities in the current environment.

Format: 20% Lecture, 60% Hands-on activity, 20% Demonstration



Instructor: Robert Shultz
Part 1 - Standing Guard: Protect What You've Worked For
Date: Wednesday, March 13, 1–2:50 pm

Schedule No: 19SP 99868 OF
Fee: Free
Registration Deadline: March 13

Part 2 - Outlook & Opportunities: Separate the Noise from the Signal
Date: Wednesday, March 20, 1–2:50 pm

Schedule No: 19SP 99829 OF
Fee: Free
Registration Deadline: March 20

Walking the Camino: A Pilgrimage across Northern Spain

Discover the Camino de Santiago, a network of medieval pilgrimage paths established to honor the Apostle St. James. Learn about the Camino's history and see the variety of Spanish landscapes that pilgrims walk through to reach their destination of Santiago de Compostela. With over 300,000 walkers in 2017, these historical paths have captured the imagination of 21st century adventurers. Come explore the culture and architecture along several different routes and understand what it's like to be a walker. Artist and Camino trekker Amanda Schaffer will share her experiences and offer tips on planning for this often life-changing journey.

Format: 75% Lecture, 25% Interactive discussion



Instructor: Amanda Schaffer, M.F.A, M.A.

Date: Saturday, March 16, 10–11:50 am

Schedule No: 19SP 99826 OF

Fee: \$15

Registration Deadline: March 15

Writing and Making a Sci-Fi Comedy: How *Attack of the Killer Tomatoes* Came to Be

In 1978, *Attack of the Killer Tomatoes* burst into American pop culture when the movie premiered in San Diego. Three other Killer Tomatoes movies followed, along with a cartoon show, games, and toys. Costa Dillon, the creator and writer of the films, will look at how they came into being, and the process and perils of writing a science fiction comedy. Through film clips and production photos, get a behind-the-scenes look at how the original film was made on a shoestring budget by true Hollywood outsiders. We'll explore the unexpected popularity of the movie and what it means to be a cult film.

Format: 75% Lecture, 25% Interactive discussion

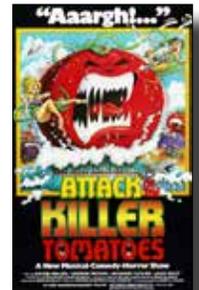
Instructor: Constantine Dillon, M.P.A.

Date: Tuesday, March 19, 11 am–12:50 pm

Schedule No: 19SP 99828 OF

Fee: \$15

Registration Deadline: March 19



8,000 Days of Retirement

What will you do in retirement? Most of us have a clear image of day one, maybe even day 1,000. But few can imagine 8,000 days of golf or traveling. Instead of planning for retirement as a single state, it may be beneficial to re-frame it to reflect four phases — Honeymoon, Big Decision, Navigating Longevity, and Solo Journey. We'll look at the tasks and issues we're most likely to be managing in each phase of retirement, from transportation and home maintenance, to a social network that reinforces a healthy and active lifestyle. Leave with a clear vision of your retirement, what to anticipate, and how to plan for it.

Format: 60% Lecture, 25% Hands-on activity, 15% Demonstration



Instructor: Beth Misak, M.B.A.

Date: Tuesday, March 26, 11 am–12:50 pm

Schedule No: 19SP 99835 OF

Fee: Free

Registration Deadline: March 26

Qi Gung for Health

Excellent for improving balance, joint mobility, and overall health, Qi Gung, or “Energy Work,” has been practiced in China for centuries. Part of the teachings that eventually became the famous martial art Tai Chi Chuan, Qi Gung consists of body movements paired with focused breathing and one’s imagination, to improve the flow and connection to Qi, the universal life energy. Students of all ages and levels of physical ability are welcome; workouts will be tailored to individual needs. Please wear comfortable clothing and lightweight shoes.

Format: 20% Lecture, 60% Hands-on activity, 20% Demonstration



Instructor: Glen Clabaugh, M.A.

Date: Friday, March 29, 1–2:50 pm

Schedule No: 19SP 99839 OF

Fee: \$15

Registration Deadline: March 29

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The Army's Benevolence in San Diego's Naval Disaster: The 1905 Explosion of USS *Bennington*

Death was charitable among sailors aboard the gunboat USS *Bennington*, at anchor on San Diego Bay, July 21, 1905, when her main and forward boilers let loose. Clouds of black steam and the scent of death rose over the waterfront. *Bennington* shuddered and steam hissed at deafening pitch, filling every compartment. Days later, a convoy of wagons laboring under the weight of 47 coffins pressed north through the city toward the Post Cemetery. Learn what went so terribly wrong that 66 crewmen should die, and how a city and nation mourned one of the Navy's worst peacetime disasters. Scanlon will give an overview of this lecture at the March 27 OLLI Café.

Format: 60% Lecture, 40% Interactive discussion



Instructor: Karen Scanlon

Date: Thursday, April 11, 10–11:50 am

Schedule No: 19SP 99847 OF

Fee: \$15

Registration Deadline: April 11

Lighthouses of San Diego

Six lighthouses have affected maritime traffic into and out of San Diego since 1855. Who were the keepers who kept the lights burning on Point Loma? Enjoy a detailed photographic look and hear some whimsical tales of life at San Diego's lighthouses. Many of the photos are from the family albums of former keepers. Their narratives recall life within the protective arms of a military reservation, indelibly linked to war efforts. We'll also look at how lighthouse optics work, and the types of lenses used in lanterns locally and some of the giants in operation in Europe. Fahlen and Scanlon will give an overview of this lecture at the March 27 OLLI Café. **Optional Tour of the Old Point Loma Lighthouse at Cabrillo National Monument:** The entrance fee is \$15 per carload. The address is 1800 Cabrillo Memorial Dr., San Diego, CA 92106.

Format: 70% Lecture, 30% Interactive discussion



Instructors: Kim Fahlen and Karen Scanlon

Date: Thursday, April 25, 11 am–12:50 pm

Optional Tour of Point Loma Lighthouse:

Thursday, May 2, 11 am–12:50 pm

Schedule No: 19SP 99855 OF

Fee: \$15

Registration Deadline: April 25

Satan Made Me Do It! The Source of Evil in the Old Testament

There are only rare appearances of Satan (the “devil”) in the Old Testament. We will look at those appearances and explore how the people of the Old Testament explained the presence of evil in their world, and how their idea grew and developed over time. Where does this idea of a separate source of evil come from and what is the relationship of God to this evil? To fill out the picture, we will examine some of the “intertestamental literature” that was produced after the Old Testament and before the New Testament.

Format: 60% Lecture, 40% Interactive discussion



Instructor: John Spencer, Ph.D.

Date: Friday, April 26, 1–2:50 pm

Schedule No: 19SP 99857 OF

Fee: \$15

Registration Deadline: April 26

Advance-Care Planning at Any Age

Engage in thought provoking discussions about what gives your life meaning, and learn approachable ways to have important advance-care planning discussions with your parents, children, and physician. We’ll discuss engaging and even funny case studies about what happens in the clinical setting when these discussions are properly had and not had.

Format: 60% Lecture, 30% Interactive discussion, 10% Hands-on activity



Instructor: Catherina Madani, Ph.D.

Date: Tuesday, May 7, 11 am–12:50 pm

Schedule No: 19SP 99859 OF

Fee: \$15

Registration Deadline: May 7

California: Hotbed for Sexual Trafficking of Children

What is human trafficking? What is child sex trafficking? Get a broad overview of ongoing research on the topic, with a focus on Commercial Sexual Exploitation of Children (CSEC) and Domestic Minor Sex Trafficking (DMST). Learn about the impacts of CSEC in California; and current federal, state, and local efforts to address the wide variety of issues associated with sex trafficking. Also learn about the move toward a multi-system response to working with trafficking victims.

Format: 25% Lecture, 25% Interactive discussion, 25% Hands-on activity, 25% Demonstration



Instructor: Anzette Shackelford, M.A., LCSW

Date: Tuesday, May 7, 4–5:50 pm

Schedule No: 19SP 99860 OF

Fee: \$15

Registration Deadline: May 7

San Diego's Forgotten "Garden of the Dead"

At the base of Presidio Hill in Presidio Park is a largely forgotten area known as the Franciscan Gardens. Dedicated on July 16, 1935 as El Jardín del Rey, The King's Garden was where members of the Sacred Expedition, including Father Junípero Serra, gathered on July 1, 1769 to plan Spain's occupation of Alta California. It is reportedly the gravesite to over 80 expedition members. In this lecture, we'll analyze the historic evidence and consider which factors — fatigue, malnutrition, illness, disease, or conflict with the native population — were the possible causes of death, and whether or not the remains are still there. We'll visit the Garden on Saturday, May 11.

Format: 75% Lecture, 25% Interactive discussion

Instructor: Alexander D. Bevil

Date: Wednesday, May 8, 10–11:50 am

Optional Tour of Presidio Park:
Saturday, May 11, 10–11:50 am

Schedule No: 19SP 99861 OF

Fee: \$15

Registration Deadline: May 8



Death-Penalty Cases in a Traffic-Court Setting

A seasoned immigration judge once described her job as “doing death-penalty cases in a traffic-court setting.” While immigration policy has dominated the news this past year, many of the events sparking public outrage have shed light on long-standing systems and procedures that make up the immigration system in the U.S. This course will provide a close look in what due process and constitutional protections mean in the immigration context — exploring immigration courts, enforcement agencies, criminalization, detention, family separation, and the refugee and asylum process.

Format: 50% Lecture, 25% Interactive discussion, 20% Hands-on activity, 5% Demonstration

Instructor: Jennifer Gonzalez, J.D., M.A.

Date: Friday, May 10, 1–2:50 pm

Schedule No: 19SP 99864 OF

Fee: \$15

Registration Deadline: May 10



College Area Community Garden Tour

Are you interested in gardening? Do you love getting your hands dirty? Looking for an activity that you can invest in that keeps you fit while providing tangible results? Come explore an active Community Garden in the College Area and learn how to grow fruits and vegetables in raised beds, and spend time outdoors connecting with plants and wildlife. Learn planting techniques, the benefits of composting, and have your questions answered by experienced gardeners.

Format: 40% Lecture, 25% Interactive discussion, 10% Hands-on activity, 25% Demonstration

Instructor: Carolyn Sanders, M.A.

Date: Wednesday, March 13, 11 am–1:30 pm

Location: College Area Community Garden
Zura Way (directions will be emailed to attendees)
San Diego, CA 92182

Schedule No: 19SP 99823 OF

Fee: \$15

Registration Deadline: March 13



Discover the Old West and the History of San Diego

Travel with us through the history of San Diego at one of our beautiful historical museums. Along the way, explore the story of Tatjana Soli's newest novel, *The Removes*, a stunning portrayal of captivity and freedom, and wars waged on the landscapes and peoples of the American frontier. With the author as our guest, we'll discover what life was like in San Diego during the early settlements and the Old West. A signed book is included.

Format: 80% Lecture, 20% Interactive Discussion



Facilitator: Susan McBeth, M.A.

Presenter: Tatjana Soli

Date: Tuesday, April 2, 10 am–12 pm

Location: The Junipero Serra Museum

2727 Presidio Drive

San Diego, CA 92101

Note: The Serra Museum is not ADA accessible.

Schedule No: 19SP 99843 OF

Fee: \$39

Registration Deadline: March 26

10,000 Years: The Archaeological Record of San Diego

Did you know that people lived in the San Diego region for 10,000 years before the Spanish missionaries arrived in 1769? Archaeology has revealed artifacts and sites that document the technology, lifestyles and resources these ancient inhabitants used. Get a look at the past while gaining an understanding of the sciences used in archaeology and what goes on at archaeological sites.

Format: 50% Lecture, 20% Interactive Discussion, 30% Tour of Archaeological Center



Facilitator: Cindy Stankowski, M.A.

Date: Tuesday, April 16, 11 am–12:50 pm

Location: San Diego Archaeological Center

16666 San Pasqual Valley Road

Escondido, CA 92027

Schedule No: 19SP 99849 OF

Fee: \$15

Registration Deadline: April 15

The Culture and Cuisine of England

Travel to England in the early 1600s, a world of glittering pageantry and cutthroat ambition, while enjoying a lovely afternoon tea. Elizabeth St. John recreates the story of her ancestor Lucy St. John, in her book, *By Love Divided*, a dramatic story of love, betrayal, family bonds, and loyalty through her family's surviving diaries, letters, and court papers. Join Elizabeth over an authentic British tea as she recounts the tales of her family, both fictional and historical. Also explore the connections formed across centuries through written word.

Format: 70% Lecture, 30% Interactive Discussion



Facilitator: Susan McBeth, M.A.

Presenter: Elizabeth St. John

Date: Monday, May 6, 11 am–1 pm

Location: Shakespeare's Corner Shoppe

3719 India Street

San Diego, CA 92103

Schedule No: 19SP 99862 OF

Fee: \$39

Registration Deadline: April 29

Spring Kickoff Event

Get a tantalizing preview of spring courses from our dynamic instructors, and meet staff and fellow learners at this fun, informal event. You can register for courses on the spot (and get help if you need it), and meet exhibitors from local community organizations. The event concludes with an optional walking tour of our facilities and several points of interest on campus (wear comfortable shoes). Light refreshments will be provided. We look forward to meeting you!



This event is free. Space is limited. Please RSVP by Wednesday, Jan. 30, at neverstoplearning.net/osher, (619) 594-2863, or osher@sdsu.edu. You'll receive an email with event details and instructions for convenient parking. The trolley and bus stops are also nearby.

Facilitators: Osher Staff and Volunteers

Date: Friday, Feb. 1, 9:30 am–12:30 pm

Fee: Free

RSVP Deadline: Jan. 30
(membership not required)

SDSU Love Library Discovery Session and Tour

Learn more about all the great resources available to you at the SDSU Library. Enjoy a tour led by library faculty and staff for an overview of the collections (more than 7 million items) and services. Learn how to find and borrow books; what special collections and other selections are on each floor; how to access the 800+ public computers; how to check out DVDs and CDs from the Media Center; how to access the book catalogs (for printed and eBooks), article and journal databases, and digital collections; and how to request materials from other libraries.



Facilitator: Gloria Rhodes

Date: Tuesday, Feb. 19, 11 am–12:50 pm

Schedule No: 19SP 99814 OF

Fee: Free

Registration Deadline: Feb. 19
(membership not required)

OLLI Café

OLLI Café is a social hour held every semester between classes where students can come together in a specially designated room at CES to relax, regroup, share insights about classes, and catch up. Kim Fahlen and Karen Scanlon will be our presenting instructors. The identical twin sisters will give an overview of their lecture, Lighthouses of San Diego, and Scanlon will give an overview of her lecture, The Army's Benevolence in San Diego's Naval Disaster: The 1905 Explosion of USS *Bennington*. Also learn about exciting new programming and developments for the upcoming year. Light refreshments are provided. OLLI Café is open to members and non-members. Registration is required only if you need a parking permit.



Facilitators: Osher Staff and Volunteers

Date: Wednesday, March 27, 10–11:50 am

Schedule No: 19SP 99869 OF

Fee: Free

Registration Deadline: March 27
(membership not required)

Conversations Worth Having: Animals and Us

View six *TED talks* on our complicated relationship with animals — how we love them (sometimes as a family member) but also fear, hunt, and eat them. Through facilitated discussions between each talk, we'll examine our mixed feelings about the animals around us, why we care more for one species over another, and what animals can teach us about being human. *TED Talks* offer an amazing journey through fascinating ideas, and new ways to think and create, presented by the world's most remarkable minds.

Format: 40% Interactive discussion, 60% Watch *TED Talks*



Instructor: Kathi Diamant

Date: Saturday, April 13, 9 am–12 pm

Schedule No: 19SP 99848 OF

Fee: \$19

Registration Deadline: April 12

Speakers' Bureau Training

In as little as two hours per semester, you can share the joy of lifelong learning by helping spread the word about Osher at SDSU. Join the Speakers' Bureau to represent us at local organizations such as Lions Clubs, Kiwanis Clubs, and Retired Teachers Associations. If you love to meet people, this is the perfect opportunity. With an extensive background in media, Osher instructor Kathi Diamant leads the fun, interactive training. Whether you're a beginner or experienced public speaker, you'll learn effective presentation techniques. By helping to increase membership, you'll be helping us secure the future of the Osher Institute at SDSU for you, your family and friends, and the community.

Format: 30% Lecture, 30% Interactive discussion, 40% Hands-on activity



Facilitator: Kathi Diamant

Date: Thursday, April 25, 10 am–1 pm

Schedule No: 19SP 99865 OF

Fee: Free

Registration Deadline: April 25
(membership not required)

The Perfect Gift for Intellectually Curious Friends

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How to purchase:

- College of Extended Studies Registration window (Hardy Avenue side of the Gateway Center building, 5250 Campanile Dr.) Monday–Friday, 8 am–5 pm
- Over the phone at (619) 594-5152

For more information, please call (619) 594-2863 or email osher@sdsu.edu.



Farouk Al-Nasser, Ph.D., is a graduate of Baghdad University, University of Colorado, and University of Denver with B.Sc., M.Sc., and Ph.D. degrees in electrical engineering respectively. In his 42-year career in the data storage industry, he held technical, operational, marketing, and senior executive management positions at Fortune 500 and mid-size companies. After the 2003 invasion, Al-Nasser worked in the Middle East for a San Diego-based company involved in the reconstruction and development of Iraq. He is on the board of directors and past president of the San Diego World Affairs Council.

● *Middle East: Never-Ending Conflicts?*, page 15.

Rafi Andrusier, M.A., has a master's degree in Talmudic Law (2009, Central Lubavitch Yeshiva, Brooklyn, NY) and has been teaching adult education classes on the subject since 2012. He is also a certified instructor of the Rohr Jewish Learning Institute.

● *Talmudic Solutions to Modern Conundrums*, page 10.

Douglas Barker, M.A., is a professional art historian and metaphysical researcher, and taught art history at several colleges and universities for over 25 years. While living in England, Germany, and Switzerland, he studied alternative education and worked as a guide on art tours. He also conducted study tours of Israel and India in the German language. Barker has traveled extensively in native North America and participated in numerous ceremonies. He earned his M.A. in art history from the University of Chicago and has taught 100+ courses at a variety of colleges and universities. ● *The Arts of the Middle Ages*, page 14.

Virginia B. Berger, M.A., became a certified professional coach with a specialty in retirement coaching, after she retired from Grossmont College in 2006. She helps clients make the psychological, emotional, and social transition from work to retirement through group and individual coaching. She is also interested in the aging process and is a certified facilitator for the Conscious Aging Workshop developed by the Institute of Noetic Sciences.

● *Repacking Relationships as We Age*, page 18.

Alexander D. Bevil is a graduate of SDSU, and has been writing articles about San Diego's history since 1988. While working as a historical consultant, he taught a local history class at Old Town San Diego. During his 20-year career as a California State Parks historian, he prepared evaluation studies on several locations associated with California's military history. His expertise as a consulting historian for the San Diego History Center greatly contributed to his chairing a recent conference at the San Diego Veterans Museum at Balboa Park, which focused on San Diego's role during WWI.

● *San Diego's Forgotten "Garden of the Dead,"* page 24.

Peter Bolland, M.A., is the philosophy and humanities

department chair, and a professor of philosophy and humanities at Southwestern College where he teaches world religions, Asian philosophy, world mythology, and ethics. Bolland also focuses on bringing the life-changing insights of the world's wisdom traditions into the wider community through his columns in *Unity Magazine* and the *San Diego Troubadour*, as well in numerous lectures and workshops at venues like The Chopra Center, Osher at SDSU, San Diego Oasis, and Vision: A Center for Spiritual Living. An award-winning poet and singer-songwriter, Bolland also performs regularly. For upcoming events, visit peterbolland.com. ● *The Perennial Philosophy*, page 7.

Nadine Bopp, M.A., holds a master's degree in landscape architecture from Louisiana State University and a B.A. in ecology from the University of Missouri. Combining these disciplines led to her avid interest in urban geography. Bopp's positions as a college professor keep her current on technological advances, and she has developed classes in urban studies, environmental science, sustainable practices, green architecture, mapping, botany, and landscape design. She taught at The School of the Art Institute, Columbia College, and DePaul University for 19 years. ● *Toxic Products: From Inconvenience to Disaster*, page 15.

Denny Braun, Ph.D., began his career at the Census Bureau in Washington, D.C. as a demographer/statistician. After joining the professoriate at Minnesota State University, Mankato, he taught his course on population dynamics for 33 years before retiring. His area of expertise within sociology and economics is social stratification and the study of income inequality, culminating in his seminal work, *The Rich Get Richer: The Rise of Income Inequality in the United States and the World*.

● *Never Trust Anyone Under 40!*, page 13.

Kristen Breit, Ph.D., received her B.A. in psychology at Chapman University. She completed her M.A. in psychology at SDSU under the mentorship of Dr. Jennifer Thomas, researching Fetal Alcohol Spectrum Disorders and stress responses. She finished her psychology Ph.D. (Behavioral Neuroscience) at Purdue University, where she studied the relationship between stress and alcoholism, in Dr. Julia Chester's laboratory. She has since returned to SDSU as a postdoc researching prenatal cannabis exposure, in the Center for Behavioral Teratology. She is also a lecturer for the SDSU Psychology department.

● *Exploring Ethics in Psychology Research: Past, Present, and Future*, page 10.

Nancy Carol Carter, M.S., M.L.S., J.D., is a retired professor of law at USD. She has been published in *Pacific Horticulture* and in *The Journal of San Diego History*, with articles on Kate Sessions, the San Diego olive industry, and renowned local botanists Katharine and T.S. Brandegeer. Her California garden series,

Roots, profiles influential California horticulturists. ● *Kate Sessions' World Wide Web of Horticulture*, page 19.

Alejandro Castañeda, M.A., has taught at prestigious Mexican universities including Universidad Anáhuac and Universidad Iberoamericana. Currently he teaches marketing and communications online at Coahuila, Mexico State University in Torreon, Mexico. He is a visiting professor for extended learning programs at CSU San Marcos and the University of Texas at Austin. ● *Cross-Cultural Communication: Living in a Global Village*, page 7.

Susan E. Cayleff, Ph.D., is a professor in the Department of Women's Studies at SDSU where she has taught since 1987. She teaches American women's history, the history of medicine and sports history, and the uses of biography and autobiography in history. She is the author of six books, one of which, *Babe: The Life and Legend of Babe Didrikson Zaharias*, was a Pulitzer Prize nominee. She has lectured internationally, published dozens of articles, and is an award winning teacher and social justice activist. ● *Women, Health, and Healing*, page 8.

Glen Clabaugh, M.A., is a San Diego native who loves the outdoors, teaching, history, and martial arts. He has been involved in some form of martial arts instruction since 1991, including Tang Soo Do Korean Karate, Aikido, Tai Chi Chuan, and most recently Pa Kua Chang. He also earned a single-subject credential to teach social science and has a master's degree in military history. Clabaugh teaches ESL writing, test preparation, speaking, math and reading skills at the American Language Institute at SDSU. ● *Qi Gung for Health*, page 21.

Oleg Cross is an award-winning attorney, focusing his practice on estate planning and select trust and estate litigation engagements. A graduate of Duke University School of Law, Cross honed his legal skills at Cooley LLP — an international law firm headquartered in Palo Alto, CA. There, he represented Fortune 500 companies and individuals in a broad range of complex litigation matters. Since founding his own firm, Cross has used his experience representing large institutional clients to benefit ordinary people and their families. ● *Trustee and Power of Attorney School: Duties and Responsibilities of Fiduciaries and Agents*, page 16.

Blaine Davies, M.A., holds a master's in history from Boise State University; a bachelor's in business from San Francisco State University; and an Idaho Secondary Teaching Credential in history and U.S. government. He taught U.S. history at Boise State University from 2003 to 2017, and prior to that was a product marketing manager for Hewlett-Packard. Davies has traveled extensively in the United States and internationally, and especially enjoys visiting the U.S. historical sites he discusses in his lectures.

● *How the French and Indian War and Three Founding Fathers Shaped Our Nation*, page 14; *The Mexican-American War and How It Shaped Two Nations*, page 18.

Kathi Diamant is an adjunct professor at SDSU, where she has taught classes on Kafka, writing, acting, and more for the Osher Lifelong Learning Institute at SDSU since 2008. She has written extensively for newsletters, newspapers, and magazines as a freelance journalist, and received the San Diego Book Awards' Geisel Award for her biography, *Kafka's Last Love*. Diamant facilitates book discussions and Conversations Worth Having events, and leads the book club at the Kensington Library and for the Osher Institute at SDSU. Best known in San Diego for her work as a TV interviewer and fundraising host for KPBS, Diamant continues to appear both locally and nationally on behalf of Public Broadcasting.

● *2018 One Book, One San Diego: March – Book One*, page 16; *Conversations Worth Having: Animals and Us*, page 27; *Speakers' Bureau Training*, page 27.

Constantine (Costa) Dillon, M.P.A., is a retired National Park Service ranger and superintendent who worked in more than a dozen parks in his 35-year career. His awards include the Department of the Interior's Meritorious Service Award and the National Parks Conservation Association's Stephen Mather Award. He has a B.S. in Environmental Planning and Management (Park Option) from the University of California, Davis; and a Master of Public Administration from the University of Colorado.

● *Become a National Park Insider*, page 8; *Writing and Making a Sci-Fi Comedy: How Attack of the Killer Tomatoes Came to Be*, page 20.

Patricia Dintrone, Ph.D., holds her doctorate in ancient history with a specialization in the early Roman Empire from the University of Virginia and is a sought-after lecturer on ancient history topics. She is retired from the history department at SDSU, where she taught courses in ancient history and civilization.

● *Was Alexander Great?*, page 10.

Oliva M. Espín, Ph.D., is professor emerita of Women's Studies at SDSU. She holds her doctorate in counseling psychology and Latin American studies from the University of Florida. She was a post-doctoral fellow at Harvard University; a professor of psychology at the California School of Professional Psychology of Alliant International University; Fulbright distinguished chair in gender studies, University of Klagenfurt, Austria; and has authored several academic books and many articles. Espín was a pioneer in the practice and theory of therapy with women from different cultural backgrounds, particularly immigrant/refugee women. She is currently writing a book on women saints from feminist and psychological perspectives.

● *How Does Migration Feel? A Psychology of Immigrants and Migration*, page 9; *Women Saints: What We Can Learn from Them*, page 13.

Kim Fahlen has studied and photographed lighthouses and their optics in the U.S., France, Germany, Netherlands, and the U.K. Closer to home, she and her twin sister tend the lantern and optic of Old Point Loma Lighthouse. A long-time member of the international Association of Lighthouse Keepers and U.S. Lighthouse Society, Fahlen has written numerous journal articles that include her recognized photographs; they are also printed in the Northern Lighthouse Board's calendars and cards. Fahlen travels with personnel of Lighthouse Lamp Shop in the rehabilitation of lighthouses.

● *Lighthouses of San Diego*, page 22.

Mark Freeman is a professor in the School of Theatre, Television and Film at San Diego State University. He has produced, directed, written, and edited programs for broadcast on American public television. Freeman's films have screened at national and international festivals, and won numerous awards including a Gold Apple at the National Educational Film and Video Festival, a Certificate of Merit at the Chicago International Film Festival, and a Red Ribbon at the American Film and Video Festival. They are in the collections of libraries and universities throughout the country, and have screened at museums including the Museo do Oriente (Lisbon), Weltmuseum (Vienna), Hong-Gah Museum (Taipei), and the Museum of Modern Art (NY). markfreemanfilms.org

● *My Architect: Film Screening and Tour of the Salk Institute*, page 12.

George Gastil, M.A., teaches California history at SDSU and Grossmont College. He earned his M.A. in history with an emphasis on 20th century California, and did a year of archival research and interviews for a major exhibit on labor history in San Jose. Professor Gastil continues to be active with historical societies and community groups interested in documenting the diverse history of San Diego and California, and is especially interested in the relationship between historical study and living memory. ● *18th Century America: A Bicoastal Perspective*, page 14.

Jennifer Gonzalez, J.D., M.A., is a legal communicator, information designer, and immigrant and refugee rights advocate. As a legal fellow in North Carolina, she assisted refugees fleeing gang and cartel violence in Latin America. As a law student, Gonzalez produced short documentary films exploring the human cost of legal decisions. Prior to her legal career she was an award-winning teacher, trainer, and consultant in Washington, DC. In addition to her J.D. from Stanford Law School, Gonzalez has an M.A. in Rhetoric and Composition and a B.A. in English from Brigham Young University. ● *Death-Penalty Cases in a*

Traffic-Court Setting, page 24.

Alexander Greenbaum, M.A., enjoys a diverse and adventurous musical life. As a member of the Hausmann Quartet, he is a lecturer at SDSU where he teaches cello and chamber music. As a longtime member of The Knights, he has performed and recorded throughout the U.S. and Europe, appearing at the festivals of Caramoor, Dresden, Ojai, Ravinia, Tanglewood, Salzburg, Vienna, and last season in Aix-en-Provence and Hamburg's new Elbphilharmonie. Locally, Greenbaum is a founding member of the San Diego Baroque Soloists, a mainstay on the Art of Élan series, and an affiliated artist with San Diego New Music. ● *Bach's World*, page 13.

Damon Hitchcock, M.A., is an adjunct instructor at Miramar College and Southwestern College and an instructor at the San Diego Museum of Art's Museum Art School. He teaches art history, drawing, watercolor, and design, and has been a juror for local exhibitions. He earned his master's degree in studio arts from SDSU. He has been teaching for over 45 years including 11 years at Osher. ● *Mid-20th Century Art in Europe and America*, page 11.

Robert (Bob) Jordan was born and raised in San Diego and has graduate degrees from San Diego State University and the University of Southern California School of Cinema. Jordan has been teaching at SDSU for more than 30 years. One of his areas of expertise is silent film history.

● *Hitchcock: The Films and the Man*, page 9.

Karen Kenyon, M.A., is a professor emeritus at MiraCosta College and a writing instructor at UCSD Extension. She is the author of the books, *Sunshower*, *The Brontë Family: Passionate Literary Geniuses*, and *Charles Dickens: Compassion and Contradiction*. Her feature articles have been published in *Redbook*, *British Heritage*, *Newsweek*, and *The Christian Science Monitor*. ● *Jane Eyre*, page 16.

Jaemin Kim, Ph.D., is a professor of finance and entrepreneurship at SDSU, teaching courses in international finance, entrepreneurship, and fundamentals of finance in undergraduate and graduate levels. He also taught investment and business economics at the University of Oregon and University of Washington (Seattle). In 2014, he was selected as the 'Most Influential Faculty' by the SDSU Associated Business Student Council. His research has been published in numerous journals. Dr. Kim received his Ph.D. in Finance at the University of Washington. Prior to his academic career, he was affiliated with Daewoo Group, the fourth largest industrial conglomerate in South Korea at the time.

● *Trade Deficit versus Surplus: Definitions, Truths, and Myths*, page 18.

Bruno Leone, M.A., earned his master's degree

in European intellectual history, and is a lecturer, freelance writer, Fulbright Fellow, National Endowment for the Humanities Fellowship recipient, and former instructor at the University of Minnesota and St. Francis College. He has authored several books including *Science and Religion, Origin: The Story of Charles Darwin* (published by Morgan Reynolds as part of their Biographies in Science series), and most recently, *Disease in History*. He has taught intellectual history, the history of science and technology, and the philosophy of history since 1980.

● *Aggression and Human Nature*, page 11.

Catherina Madani, Ph.D., graduated with her Bachelor of Science in nursing from the University of Massachusetts, Amherst in 1998. In 1999 she moved to San Diego and began working in critical care at UCSD. In 2015 she earned her Ph.D. in nursing from the University of San Diego, and currently works at UC San Diego Health, providing palliative care education. Madani is a Certified Hospice & Palliative Nurse, co-chair the Palliative Care Committee, and an active member of the Advance Care Planning Committee at UCSD. She's also a lecturer in SDSU's graduate nursing program.

● *Advance-Care Planning at Any Age*, page 23.

Susan McBeth, M.A., is an SDSU alum with a degree in business administration, and a master's in comparative literature. She is also the founder and owner of Adventures by the Book (adventuresbythebook.com), which connects authors and their books with the reading community through interactive literary events and travel packages.

● *Discover the Old West and the History of San Diego Adventure*, page 25; *The Culture and Cuisine of England Adventure*, page 25.

Beth Misak, M.B.A., attended Virginia Tech for her undergraduate degree in marketing, and Temple University for her M.B.A. in finance. As a registered investment advisor, she has worked in the profession of private wealth planning and investment management for business owners and other affluent individuals, families and charitable organizations. Misak is active in the San Diego community promoting planning for retirement and preparing for the transitions that occur in retirement. ● *8,000 Days of Retirement*, page 21.

Wendy L. Patrick, J.D., Ph. D., is a career prosecutor who has completed over 160 trials ranging from sexual assault to first-degree murder. She has prosecuted sex offenders for most of her career, receiving the SART (Sexual Assault Response Team) with a Heart Award from the County of San Diego based on her significant contribution to sexual assault prosecution. Dr. Patrick has lectured domestically and internationally on the topics of sexual harassment and assault, and teaches business ethics at SDSU. ● *Detecting Deception*:

Reading People and Judging Credibility, page 17; *Effectively Dealing with Difficult People*, page 17.

John Putman, Ph.D., is an associate professor of history at SDSU and historian of the modern American West (late 19th and 20th centuries). His book, *Class and Gender Politics in Progressive-Era Seattle*, explores class and gender politics in the urban Northwest. He is also interested in the cultural history of the 20th century U.S. — in particular, science fiction film in the Cold War era, Star Trek, and politically-oriented music from the 1960s and '70s.

● *California History Since the Gold Rush*, page 9.

Gloria Rhodes is an associate librarian at SDSU, with over 25 years' experience working in school, public, and academic libraries. As the library liaison to the departments of Africana Studies, American Indian Studies, United States History, and Military Science, she provides library instruction, collection development, and research assistance to students and faculty. She also coordinates the library presence for orientation events, and provides tours for visiting K–12 students. Rhodes is a graduate of Elizabeth City State University and North Carolina Central University, with a bachelor's degree in elementary education, and a master's in library science. ● *SDSU Love Library Discovery Session and Tour*, page 26.

Rebecca Romani, M.A., holds a master's degree in television, film, and new media from SDSU. She teaches film for Palomar College and the SDSU American Language Institute. She has written about film for various outlets including KPBS Cinema Junkie, and moderates the annual One Book, One San Diego film screenings at the San Diego Public Library. Romani has interviewed a number of female foreign film directors and knows well the work of many others both as a reviewer and professional contact.

● *1968: A Pivotal Year as Captured on Film*, page 12.

Isabelle Sacramento Grilo, M.S., has been teaching *Natural Disasters* at SDSU for the last 17 years, as well as *Earth Science* and *Oceanography*. Her students consistently rate her classes as the best they've taken at SDSU. Honors include an Outstanding Faculty Award as most influential university professor, and Favorite Faculty Award. She has been an invited lecturer at symposiums in Portugal, the Luso-American Education Foundation Conference, the Natural History Museum in San Diego; and in SDSU programs such as Freshman for a Day, and the SDSU Center for Teaching and Learning. ● *The San Andreas Fault: So Near and So Silent*, page 17.

Carolyn Kori Sanders, M.A., is a lecturer at SDSU for the Child and Family Development Department. She has a master's degree in leadership and management, and has been an early childhood education professional for over 25 years. Her passion

for gardening and nature experiences for children led her to develop a class entitled Children and Nature. Sanders has also designed and implemented gardens for children in multiple child-care sights.

● *College Area Community Garden Tour Adventure*, page 24.

Karen Scanlon is a historian and freelance writer who has written extensively on the maritime history of San Diego. As a volunteer at Cabrillo National Monument, Scanlon, along with twin sister Kim, tends the Fresnel lenses in its collection. She is a founding board member of La Playa Trail Association; and proud recipient of the Martha Washington Medal by Sons of the American Revolution for her work related to the 1905 explosion aboard USS *Bennington* in San Diego Harbor. In other directions, she has published works in children's curriculum. ● *The Army's Benevolence in San Diego's Naval Disaster: The 1905 Explosion of USS Bennington*, page 22; *Lighthouses of San Diego*, page 22.

Amanda Schaffer, M.F.A., M.A., has her master of fine arts in visual arts, and master's in art and religion. She studied the Camino pilgrimage route during her graduate studies in fine art and art history. Her research focused on beeswax anatomical ex-voto objects that medieval pilgrims left at shrines. Schaffer has walked the Camino four times: three walks with her father and one solo journey. For each walk, she made beeswax objects to leave at sacred sites along the way. ● *Walking the Camino: A Pilgrimage across Northern Spain*, page 20.

Anzette Shackelford, M.A., LCSW, is the training development manager and county consultant for the Academy for Professional Excellence, Public Child Welfare Training Academy. She holds a B.A. in psychology/sociology and a master's degree in social work (MSW) from SDSU. Shackelford has worked with at-risk children and families since 1991 in a variety of settings and was previously employed by the County of San Diego Child Welfare Services Program. She is the lead researcher at the Academy on the topic of human trafficking, serves on statewide CSEC committees, and has presented information on the topic at a variety of venues. Shackelford works with local agencies and task force in Southern California that are serving victims and working to eradicate trafficking in the area. ● *California: Hotbed for Sexual Trafficking of Children*, page 23.

Robert D. Shultz is a financial advisor with Edward Jones in La Mesa, providing individuals with retirement planning, and investment and insurance solutions. He is an Accredited Asset Management Specialist (AAMS) and Chartered Retirement Planning Consultant (CRPC). Shultz serves on the Edward Jones leadership team as level leader and mentor coordinator, and is a member of the El Cajon Elk's Lodge, serving as chair of the Teenager

of the Month committee and the 1812 scholarship committee. He has a Bachelor of Arts degree from Southern Illinois University and has lived in San Diego since 1983. ● *A Primer for Retirement and Investment Basics*, page 19.

Glenn C. Smith, J.D., LL.M., is a constitutional law professor at California Western School of Law, and teaches a Supreme Court simulation class in which the students learn about the Court by playing roles as current justices and advocates. He is the author of *Constitutional Law for Dummies* and writes about a variety of legal issues for scholarly journals and publications aimed at non-legal audiences. He is a regular commentator in print and electronic media regarding the Court and its cases.

● *The Supreme Court's Landmark Decisions: Their Context and Enduring Legacy*, page 6; *Equality, Fairness, Liberty, and the Constitution*, page 11.

John R. Spencer, Ph.D., is professor emeritus of biblical studies in the Department of Theology and Religious Studies at John Carroll University. He earned his Ph.D. at the University of Chicago; his M.A. at the Pacific School of Religion, and his B.S. at the University of California, Berkeley. Dr. Spencer teaches in the areas of biblical studies, ancient Near Eastern history, archaeology, and interdisciplinary topics. He publishes on the topics of archaeology and the Old Testament/Hebrew Bible; and has worked on several archaeological excavations, and lived and traveled extensively in the Middle East. ● *Satan Made Me Do It! The Source of Evil in the Old Testament*, page 23.

Cindy Stankowski, M.A., received a bachelor's degree summa cum laude in anthropology from San Diego State University, and a master's degree in museum studies from San Francisco State University. She has been with the San Diego Archaeological Center (sandiegoarchaeology.org) since 1996, leading the effort to preserve our archaeological legacy. Stankowski brings an understanding of curation issues and museum management to SDAC and has led symposia on curation throughout the state. She also seeks innovative ways for the public to connect with the past, including exhibits, seminars and school presentations. ● *10,000 Years: The Archaeological Record of San Diego Adventure*, page 25.

Francis Thumm composes original music for numerous theaters in San Diego, and is currently, writing a musical about the border, titled *Tijuana Burlesque*. He received a Dramalogue award for his acting role as "Tiresias" in the San Diego Rep's production of *The Whole World is Watching*. While attending SDSU, Thumm discovered the unique instruments and music of American composer Harry Partch, and toured with the Partch Ensemble. Later he worked as a music director and arranger on several albums by the Grammy award-winning singer and

songwriter Tom Waits. He also taught music for San Diego City Schools, and has written music columns and reviews for *The San Diego Union-Tribune*, *The Reader*, and *La Jolla Light*.

● *Carmen Live at the San Diego Opera*, page 12.

Howard Wayne, J.D., represented San Diego in the state assembly. He authored the first law in the country to monitor beach waters for public health and the first law to provide breast cancer treatment for underinsured women. Wayne is a career deputy general and has worked to protect Californians from both consumer fraud and from street crime. He has multiple published opinions and has argued in the state Supreme Court. He is a graduate of San Diego State University. ● *Politics Goes to the Movies*, page 6.

Matthew Wion, Ph.D., was born, raised, and originally educated in San Diego. He earned an M.A. from SDSU, his Ph.D. in philosophy from Marquette University in Wisconsin. During his graduate studies, he taught philosophy courses at Marquette, Mount Mary College, and Bryant and Stratton College (all in Milwaukee). After graduation, he was an adjunct at the College of Lake County, Harper College, McHenry County College, and Oakton in Northern Illinois. In 2015, he and his family returned to San Diego where he teaches at Southwestern College, the University of San Diego, and Cal State San Marcos. ● *Ethics*, page 8.

AUTHORS/PRESENTERS

Tatjana Soli is a best-selling novelist and short story writer. Her best-selling debut novel was the winner of the James Tait Black Prize, a New York Times Notable Book for 2010, and a finalist for the LA Times Book Award. Her work has twice been listed in the 100 Distinguished Stories in Best American Short Stories. ● *Discover the Old West and the History of San Diego Edventure*, page 25.

Elizabeth St. John was brought up in England and her research has taken her to family memoirs and letters at Nottingham Castle, the British Library, the Tower of London, Yale University, and their family seat of Lydiard Park. ● *Culture and Cuisine of England Edventure*, page 25.

Note: Our speakers are selected for educational purposes only. Attendees who choose to subsequently engage any speaker for personal or professional services do so at their own risk, and are cautioned to use prudence and check qualifications. We make no recommendations or claims regarding the fitness or skill of any of our speakers in providing professional or personal services.

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Membership is required each term to register for Osher Institute offerings, unless otherwise noted. Registration opens Tuesday, January 8.

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How to Register

Please register by the deadline for all courses and activities.

- **Phone:** (619) 594-5152
- **Online:** neverstoplearning.net/osher
- **Mail:** SDSU College of Extended Studies Registration and Enrollment Services, 5250 Campanile Drive, San Diego, CA 92182
- **In Person:** CES Registration window located on the Hardy Avenue side of the Gateway Center building. Hours: Monday–Friday, 8 am–5 pm.

Registration is processed by the College of Extended Studies Registration and Enrollment Services office.

SDSU RedID Number

San Diego State University uses a nine-digit student identification number called an SDSU RedID as your primary source of identification for all transactions at SDSU. New students can create a RedID number online during registration or the registration staff will create one for you if registering by phone or mail. Students may also choose to purchase an optional SDSUcard.

Optional SDSUcard

An SDSUcard is available for a one-time fee of \$18 as an additional option for Osher Institute at SDSU members interested in the following:

- Special student pricing at area theaters, museums, cultural facilities, and public transportation. Contact participating organizations for rates and availability.
- Discounted monthly fee (affiliate rate) at the Aztec Recreational Center. Call **(619) 594-7529** for more information.
- SDSU student tickets to campus athletic events. Visit goaztecs.com/tickets/sdsu-ticket-office.html.

To obtain your SDSUcard for the first time, check in at the College of Extended Studies (CES) Registration/Cashiers windows (Hardy Avenue side of the Gateway Center building). Then go to the SDSUcard Office in the Student Services West building, room 2620 (map on page 37) to get your picture taken. Bring your driver's license or other official identification. You will also receive a semester sticker to indicate that your SDSUcard is valid for the current Osher semester. To renew your SDSUcard in future semesters, obtain an updated semester sticker at no additional charge by visiting the CES Registration/Cashiers office after registering for your Osher courses. The \$18 SDSUcard fee is a one-time fee, unless the card is lost. The replacement fee is \$20.

Confirmation

Once registered, you will receive a confirmation letter by email that will also serve as your parking permit; it must be printed in color and placed face-up on your dashboard. Room numbers are posted on the digital screens in our building lobbies on the day of the course. Additional information about special events will be emailed separately, closer to the date of the event. If you don't have a color printer or forget to bring your registration/parking permit: Pick up the hard copy at CES Registration window 4 located on Hardy Avenue. We're open Monday–Friday, 8 am–5 pm.

Late Registration

Registration deadlines are posted with each course in this catalog and on our website. After the registration deadline, students may request to register late with Osher staff approval and a \$5 late fee, provided there is still room to enroll. Students should fill out a CES Registration form, obtain the approval signature on the form (or obtain an email; print and attach to the form) and submit the registration in person or by mail. Late registrations may not be done online or by phone. For questions or assistance with late registrations, contact the CES Registration and Enrollment Services office at **(619) 594-5152** or the Osher Institute at SDSU office at **(619) 594-2863**.

Wait Lists

If a course/activity is full, there may be an option to put your name on a wait list. If a registered participant drops, those on the wait list will be contacted by email in waitlist order and given a 24-hour period to register before the next person on the list is contacted by automated email. If you put your name on the wait list before the registration deadline and a spot opens, you will not be charged the late fee when you enroll.

Refund Policy

We strive to make your Osher Institute at SDSU experience the best that it can be. However, we know that unexpected things come up or that you may change your mind. You may drop/withdraw from a course by contacting the CES Registration and Enrollment Services office. Non-attendance or notifying the instructor does not constitute officially dropping or withdrawing from a course. Refunds are not automatic. Refunds may be applied against other amounts due the University. All Osher Institute at SDSU Special Event and Edventure fees are nonrefundable after the registration deadline and are non-transferable. The membership fee is not a tuition fee, and accordingly, cannot be prorated, refunded, transferred, or adjusted. No refund is made for less than \$10. For courses with four or fewer meetings, there is no refund. In lieu of a refund, students may opt to transfer their tuition to another course within the same semester. The student is responsible for any differences in tuition due to the transfer. For questions or assistance, call the CES Registration and Enrollment Services office at **(619) 594-5152**.

Osher Institute at SDSU Refund Schedule

- a. Withdrawal in person, by phone, or postmarked at least one working day before the first day of class:
 - If class fee is less than \$50, refund is class fee minus \$5.
 - If class fee is more than \$50, refund is class fee minus \$21.
- b. Refund requests received on or after the first day of class:
 - If 25 percent or less of the course has taken place, 65 percent of the fee will be refunded.
 - If more than 25 percent of the course has taken place, there is no refund.
- c. Refunds are based on the date when notice is received by the College of Extended Studies.
 - Drops/withdrawals done by mail are effective as of the postmark date.

Accommodations for Students with Disabilities

The Osher Lifelong Learning Institute at SDSU is dedicated to providing an enjoyable learning experience for all students. When registering for a course or off-campus event for which you will require accommodations, please notify the Osher Institute as SDSU staff as soon as possible at **(619) 594-2863** or osher@sdsu.edu.

SDSU Nondiscrimination Policy

In accordance with Title IX, San Diego State University prohibits discrimination, harassment and retaliation on the basis of sex, gender, or sexual orientation, including sexual harassment and violence. For more information regarding Title IX, Sexual Violence Prevention and Education, and the University's complaint procedures, please visit the SDSU Nondiscrimination Policy page at: titleix.sdsu.edu.

Parking Permits

After completing registration for a course or event, you will receive a parking permit by email which is also your registration confirmation; it must be printed in color and displayed face-up on your dashboard. Parking permits are required 24 hours a day, 7 days a week, and are valid beginning one hour prior to your class, and ending one hour after your class.

- Your confirmation/parking permit is valid in: **Parking Structure 6**, adjacent to the Extended Studies/ Gateway Center classrooms (levels 5 and 6 are closest to the classrooms held in ESC and Gateway Center). Overflow parking is available in **Parking Structures 3, 4, and 7** in spaces marked “Student.”
- ADA parking is available. A parking permit is still required, in addition to a disabled placard, disabled plate, or a temporary DP (disabled person) placard issued by the DMV.
- Visitor parking is available in Lot 7. Permits are \$2/hour.
- Motorcycles must park in motorcycle stalls only.
- **Please clearly display your parking permit each time you come to class, and check that dates are valid. Be sure the permit is printed in color, with the time(s) and date(s) of your course(s) facing up when you place the permit on your dashboard. Please fold on the dotted line to conceal your name and address.**

For additional information about all parking rules, visit our website at ces.sdsu.edu/parking.

Legal parking is the responsibility of the individual. For questions on parking permits or citations, contact Parking Services at **(619) 594-6671**.

Trolley/Bus Transportation Options

The SDSU Transit Center has become a popular transportation method for many Osher members, with bus and trolley access conveniently located on campus.

Public Transit Benefits:

- Located near Osher classrooms (see map).
- Discount rates available from MTS for students with SDSUcard (see page 34).
- Discount rates available from MTS for senior/disabled/Medicare recipient riders at sdmts.com/fares-passes.

Take a virtual tour of the SDSU Transit Center or learn more at arweb.sdsu.edu/es/virtualtour/transit.html.

Get a Fixed Income for Life, Avoid Capital Gains Tax, and Leave a Lasting Gift to the Osher Institute at SDSU

If you're like many who own assets, the fluctuating stock and real estate markets are a source of unease. You also know that if you sold your assets, you would face a high capital gains tax. So if you're looking for secure sources of fixed income for now or future retirement, and you'd like to ensure your love of lifelong learning passes to future generations, a Charitable Gift Annuity (CGA) is a win-win.

A CGA is a contract between you and the Osher Institute at SDSU, in which you transfer your assets in exchange for a fixed income for the rest of your life. The income can be quite high depending on your age, and a portion may even be tax-free. Best of all, you receive a charitable deduction every year for the value of your contribution.

To learn more, please visit plannedgiving.sdsu.edu/charitable-gift-annuities or contact Amy Walling, assistant vice president of Planned Giving and Estates, at **(619) 594-0286** or awalling@sdsu.edu.





Map Legend

- A Gateway Center:** Classrooms; CES Registration and Enrollment Services office located on the first floor at the windows facing Hardy Avenue.
- B Extended Studies Center:** Osher office and classrooms.
- C Lot 6:** Parking permit valid on all levels. (Levels 5 and 6 are closest to Gateway and Extended Studies Center classrooms.) ADA and motorcycle spaces available. Note that Hardy Avenue and Lindo Paseo are one-way streets.
- D Lot 7:** Overflow parking is available in "Student" spaces with a CES parking permit. Visitor parking available for \$2/hour.
- E Transit Center:** Bus/Trolley.
- F Student Services West (room 2620):** SDSUcard office.
- G Lot 3:** Overflow parking is available in "Student" spaces with a CES parking permit.
- H Lot 4:** Overflow parking is available in "Student" spaces with a CES parking permit.

Parking Alternative

Park & Ride lots are available throughout San Diego County. Visit icommutesd.com/Commuters/ParkNRide.aspx.

Parking for Osher courses is conveniently located, and is included with your course enrollment.

Take the trolley or bus to your Osher class. They stop close to our classrooms.

Call the Metropolitan Transit Center at (619) 233-3004 or go to sdcommute.com for more information.



Osher Lifelong Learning Institute

5250 Campanile Drive
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Osher Lifelong Learning Institute

SDSU Parking is Included with Your Osher Institute Course Fee

The Osher Institute at SDSU's Referral Program is Your Ticket to a Free Lecture

As a current member, you can get a free lecture when you refer a friend who purchases a new membership this spring. There's no limit, but you must redeem your free lectures in the spring semester. To do so, just call registration at **(619) 594-5152** or visit the registration window on Hardy Avenue. Refer away! Word-of-mouth is our best source of sharing the fun and community of Osher at SDSU.

• Learn More | neverstoplearning.net/osher
neverstoplearning.net/osherblog

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