



SAN DIEGO STATE  
UNIVERSITY

## Start Your Next Adventure with Osher at SDSU

An exclusive look behind the curtain at the Cygnet Theatre. An engaging conversation with San Diego Zoo director Chuck Bieler. An interactive education in Old and New World Wines. These are just a few of the exciting events that we have planned for the spring semester at Osher at SDSU.

For over 15 years, Osher has been serving San Diego's vibrant community of lifelong learners with an assortment of workshops, book clubs, special events, lectures, and off-campus Edventures for students age 50 and better. We're proud of the group of diverse learners that we've brought together, and with the help of our wonderful instructors and local San Diego community members, we've got a lot in store for our students this semester.

See the *Schedule At A Glance* for all of our offerings, and register for courses at [neverstoplearning.net/osher](http://neverstoplearning.net/osher).

For more information, please call (619) 594-2863 or email [osher@sdsu.edu](mailto:osher@sdsu.edu).

*See you in class!*



World Campus

SDSU Research Foundation Program

# Spring 2020 Schedule At A Glance

Membership is required to register for offerings, unless otherwise noted.

AGING, PERSONAL FINANCE, & RETIREMENT					
Osher Institute Offering	Instructor	Day	Date	Time	Fee
<b>Four-Week Course:</b> Injury Prevention and Management As We Age	Denise Lebsack	T	2/25–3/17	1–2:50 pm	\$49
<b>Lecture:</b> Inspiring Women to Financial Independence	Daniel Guillen	T	3/17	1–2:50 pm	Free
<b>Lecture:</b> Famous Last Words: A Discussion of High-Profile Wills and Estates and What You Can Learn From Them For Your Estate Planning	Rebecca Van Loon	Th	4/9	9–10:50 am	Free
<b>Three-Week Course:</b> The Field of Life: Teamwork Makes the Dream Work	Ronald Greenwald & Patti Gerke	Th	4/16–4/30	10–11:50 am	Free
<b>Lecture:</b> Advance Care Planning at Any Age	Catherina Madani	M	5/11	11 am–12:50 pm	Free
ARTS & HUMANITIES					
<b>Two-Week Course:</b> International Silent Film	Bob Jordan	Sa	2/8 & 2/15	1–3:50 pm	\$40
<b>Lecture:</b> Romeo and Juliet's Guide to Love: 7 Lessons from the Most Romantic Play Ever Written	Rob Crisell	W	2/12	11 am–12:50 pm	\$15
<b>Four Week Course:</b> Vietnam and the American War	Pierre Asselin	W	2/12–3/4	3–4:50 pm	\$49
<b>Lecture:</b> The Beatles 1966 North American Tour	Chuck Gunderson	Th	2/13	11 am–12:50 pm	\$15
<b>Six Week Course:</b> Art History: The World's Greatest Buildings, an Architectural Survey	Damon Hitchcock	F	2/14–3/20	9–10:50 am	\$74
<b>Lecture:</b> Dwight Eisenhower: Soldier, Statesman, Patriot	Blaine Davies	M	2/17	1–2:50 pm	\$15
<b>Edventure:</b> Culture and Cuisine of Italy	Susan McBeth	T	2/18	12–2 pm	\$39
<b>Lecture:</b> Living Forever	Bruno Leone	T	2/18	1–2:50 pm	\$15
<b>Four-Week Course:</b> Music and the Brain	Gail Robinson	W	2/19–3/11	2–4:30 pm	\$69
<b>Six-Week Workshop:</b> Films of Resistance and Resilience	Rebecca Romani	Th	2/27–4/2	11 am–1:50 pm	\$94
<b>Four-Week Course:</b> Connecting Art, Anatomy, and Religion Along the Italian Peninsula	Kevin Petti	Th	3/5–3/26	2–3:50 pm	\$49
<b>Three-Week Course:</b> History of the String Quartet	Alex Greenbaum	M	3/9–3/23	9–11:30 am	\$49
<b>Six-Week Course:</b> Cold War America	John Putman	M	3/9–4/13	1–2:50 pm	\$74
<b>Edventure:</b> Native Flora & Fauna of San Diego	Linda Hawley	T	3/17	10 am–3:30 pm	\$39
<b>Lecture:</b> National Parks in Your Neighborhood	Constantine Dillon	M	3/23	11 am–12:50 pm	\$15
<b>Edventure:</b> Kumeyaay Life Prior to the 1769 European Arrival	Linda Hawley	T	3/24	10 am–3:30 pm	\$39
<b>Six-Week Course:</b> Art History: The Public Art, Architecture, and History of San Diego	Damon Hitchcock	F	3/27–5/1	9–10:50 am	\$74
<b>Four-Week Course:</b> Deep in Shepard Territory: A Hands-On Study of Sam Shepard's Buried Child	Joe Powers	W	4/1–4/22	10–11:50 am	\$62
<b>Four-Week Course:</b> The Emerging Middle Class Society: America in the Early 1800s	George Gastil	Sa	4/4–4/25	10–11:50 am	\$49

**ARTS & HUMANITIES (cont.)**

Osher Institute Offering	Instructor	Day	Date	Time	Fee
<b>Six-Week Course:</b> A Foreign Film Series with Jungian Footnotes	Kay Weston	M	4/6–5/11	10 am–12:50 pm	\$94
<b>Lecture:</b> Prayer & Politics: The Hawaiian Revolution and the American Teachers Caught in the Middle	Sandra Bonura	Th	4/9	11 am–12:50 pm	\$15
<b>Two-Week Course:</b> Boogie Woogie to Electric Slide: Dance in Popular Culture	Anna Massey	F	4/10 & 4/17	1–2:50 pm	\$35
<b>Two-Week Course:</b> Introduction to Philosophy of Mind	Jake Manalansan	Th	4/16 & 4/23	11 am–12:50 pm	\$35
<b>Four-Week Course:</b> Religion and the American Presidency	Edward Blum	Th	4/23–5/14	3–4:50 pm	\$49
<b>Edventure:</b> Disturbed in Their Nests: A Look at the Refugee Crisis	Susan McBeth	T	4/28	11 am–1 pm	\$39
<b>Edventure:</b> Cygnet In The Wings: Behind the Scenes of Our Most Successful Midsize Theatre	Rob Lutfy	W	4/29	11 am–1 pm	\$15
<b>Lecture:</b> The Development of Transportation in San Diego: A Community Perspective	Bruce Urquhart	Th	4/30	11 am–12:50 pm	\$15

**PERSONAL DEVELOPMENT/SPECIAL INTEREST**

<b>Eight-Week Workshop:</b> Mindfulness Based Stress Reduction	Marilee Bresciani Ludvik	W	2/19–4/15	1–3:30 pm	\$199
<b>Six-Week Course:</b> Wine Tasting: Old World vs. New World	Dane Kuta	M	2/24–3/30	3–4:50 pm	\$179
<b>Four-Week Course:</b> Beginning your Memoir	Danielle Kaheaku	Sa	3/7–3/28	10–11:50 am	\$49
<b>Six-Week Workshop:</b> Hands-on with Cybersecurity and You!	Hau Nguyen	W	3/18–4/22	4–5:50 pm	\$74
<b>Four-Week Workshop:</b> The Zentangle Method	Janet Masey	T	3/24–4/21	11 am–1:30 pm	\$74
<b>Six-Week Workshop:</b> The Practice of Chi Kung, an Ancient Chinese technique for Energy Enhancement	Yamin Chehin	F	4/3–5/8	11 am–12:50 pm	\$74
<b>Lecture:</b> The Last Lecture: Reflections on 38 Years in a Feminist Classroom	Susan E. Cayleff	W	4/8	9–10:50 am	\$15
<b>Lecture:</b> 50 Years at the San Diego Zoo: A Conversation with Chuck Bieler, San Diego Zoo Director Emeritus	Kathi Diamant	W	5/6	2–3:50 pm	\$15

**POLITICS & CURRENT EVENTS**

<b>Lecture:</b> How We Elect Politicians in an Age of Instant Information, and Instant Gratification	Wendy Patrick	Sa	2/8	11 am–12:50 pm	\$15
<b>Six-Week Course:</b> Why It's the FIRST Amendment! (Why Freedom of Speech and Religion Remain so Important and Controversial)	Glenn Smith	M	2/10–3/16	11 am–12:50 pm	\$74
<b>Four-Week Course:</b> Inside the Marble Palace: The U.S. Supreme Court's Powers, Procedures, and Predicaments	Glenn Smith	F	2/14–3/6	11 am–12:50 pm	\$49
<b>Two-Week Course:</b> The Aftermath of the Arab Spring: Humanitarian and Development Challenges Facing the Arab World	Farouk Al-Nasser	W	2/19 & 2/26	11 am–12:50 pm	\$35
<b>Lecture:</b> The Green New Deal: What It is and What It Is Not	Nadine Bopp	Th	2/27	2–3:50 pm	\$15
<b>Two-Week Course:</b> International Bill of Human Rights	William Slomanson	F	3/20 & 3/27	11 am–12:50 pm	\$35
<b>Lecture:</b> Climate Change, San Diego, and You	Philip Pryde	W	5/6	1–2:50 pm	\$15

**POLITICS & CURRENT EVENTS (cont.)**

Osher Institute Offering	Instructor	Day	Date	Time	Fee
<b>Two-Week Course:</b> How California Works	Howard Wayne	F	5/8 & 5/15	11 am–12:50 pm	\$35

**RELIGIOUS STUDIES**

<b>Six-Week Course:</b> Mysticism: The Sacred Fire at the Heart of Religion	Peter Bolland	M	2/10–3/16	3–4:50 pm	\$74
<b>Four-Week Course:</b> The Jewish Heritage of Two Feminist Catholic Saints	Oliva Espín	T	2/11–3/3	9–10:50 am	\$49
<b>Six-Week Course:</b> Crime and Consequence: A Judaic Perspective Criminal Justice	Rafi Andrusier	Th	2/13–3/19	2–3:50 pm	\$74
<b>Four-Week Course:</b> What is God?	Matthew Wion	F	3/6–27	2–3:50 pm	\$49
<b>Two-Week Course:</b> Eastern Philosophy: An Introduction to Taoism	Katherine Hassett	Sa	3/7 & 3/14	10–11:50 am	\$35
<b>Six-Week Course:</b> The Wisdom of Hinduism	Peter Bolland	M	3/23–4/27	3–4:50 pm	\$74
<b>Lecture:</b> So What Happened After Jesus' Death?: The Inconsistent Easter Stories of the New Testament	John Spencer	T	3/24	1–2:50 pm	\$15
<b>Lecture:</b> Islam, Authoritarianism, and Underdevelopment	Ahmet T. Kuru	T	5/5	10–11:50 am	\$15

**SCIENCES**

<b>Lecture:</b> Celestial Globes, History, and the Art of Science	Gur Windmiller	F	2/21	1–2:50 pm	\$15
<b>Lecture:</b> The Geology of Fossil Fuels and Human Consumption	Isabelle SacramentoGrilo	F	2/28	1–2:50 pm	\$15
<b>Lecture:</b> The Mars to Come: Madness, Genius, and the Work of Nikola Tesla	Krizia Puig	Sa	3/21	11 am–12:50 pm	\$15
<b>Lecture:</b> The New Science of Astrobiology	William Welsh	Th	3/26	10–11:50 am	\$15
<b>Lecture:</b> Earthquakes of the San Diego Region	Monte Marshall	W	4/15	2–3:50 pm	\$15

**SPECIAL EVENTS**

Spring 2020 Kickoff Event (Membership not required)	Staff/Volunteers	F	1/31	9:30 am–12:30 pm	Free
SDSU Love Library Discovery Session and Tour (Membership not required)	Gloria Rhodes	Th	2/20	11 am–12:30 pm	Free
Getting the Vote: The Struggle for Women's Suffrage in the United States	Doreen Mattingly	Sa	2/22	10–11:50 am	\$15
OLLI Café (Membership not required)	Staff/Volunteers	M	2/24	1–2:30 pm	Free
Feminism: Not the "F-word" Anymore	Suzanne Sanders and Anne Haule	Sa	2/29	10–11:50 am	\$15
OLLI Café (Membership not required)	Staff/Volunteers	W	3/25	11 am–12:30 pm	Free
A Literary Treasure Revealed: "Getting" Franz Kafka's <i>The Metamorphosis</i>	Kathi Diamant	W	4/1	1–2:50 pm	\$15
SDSU Arts Alive Theater Event: <i>The Metamorphosis</i> by Franz Kafka	SDSU Arts Alive	Su	4/12	2–4 pm	\$15
OLLI Café (Membership not required)	Staff/Volunteers	F	4/24	1–2:30 pm	Free